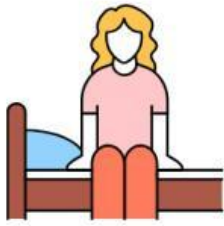


CLICK, LISTEN AND REPEAT

DAILY ROUTINE



Get up



Do exercise



Take a shower



Brush your teeth



Get dressed



Have breakfast



Drive / go to work



Work / study



Walk the dog



Walk



Buy food



Chat with friends



Do the laundry



Clean



Cook / make
lunch or dinner



Do the dishes



Go to bed