Word Forms

1. There are lots of factors to be _____(take) into consideration before deciding the solution.
2. These factors are _____ (overlook) leading to the failure of many trials.
3. He keeps _____ (work) hard until late at night to achieve his goal.
4. Often, we go home _____(drain) and tired after working all day long.
5. Children not only need love, care, but also _____ (attend) from parents.
6. The lack of loving and caring will result in _____(lonely).
7. You should consider whether you can afford your pet's _____ (keep).
8. He has _____ (mature) beyond his age.
9. He does not benefit_____ (finance) from sales of the book.
10. Everyone should take the necessary _____ (caution) to keep ourselves safe.
11. Regular Exercise is a healthy way to _____(loose) up the body.
12. Jogging is _____ (easy) done either by alone or in groups.

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13. It may be _____ (advise) to begin exercising under supervision of a trained instructor.
14. It is important to begin by exercising _____ (gentle) and then work up to a level of activity that does not put an undue strain on the body.
15. Isometrics, which is a kind of system involves _____ (tense) the muscle while keeping the limbs still.
16. These exercises keep the muscles _____ (tone) up and improve the posture.
17. The _____ (effect) of treatment to the heart is doubtful.
18. Many people who would like to be fit begin by _____ (exercise), but they may gradually lose interest in their programme.
19. We should stop exercising when feel tired to avoid _____ (exhaust) yourself.
20. Exercises are _____ (repeat) and they are effective only if you are prepared to do them daily for an indefinite period.

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