

# ★ ALL STARS ★

## "AMELIA'S GYMNASTICS ADVENTURE":

In a busy city, there's a special place where dreams come alive. It's a gym where Amelia practices acrobatic gymnastics. She loves it because it's fun and exciting. Amelia is a determined girl. She practices every day, learning new moves until they become second nature. She enjoys challenging herself and she feels happy everytime she succeeds. When the sun sets, the gym becomes her stage. People come to fill the seats with their eyes alight in excitement. She feels nervous but excited. She starts her routine, moving gracefully across the mat. She jumps and twists, showing off her strength and agility. Her heart beats to the rhythm of the songs she loves to perform, the audience claps and cheers, impressed by her skills. Her movements a symphony of strength and grace. Her body moves like poetry in motion and, even though sometimes Amelia makes mistakes, she doesn't give up. She keeps trying until she gets it right. Her hard work pays off. For Amelia, gymnastics is more than just a sport, it's about believing in herself and never giving up. She knows that with determination, she can achieve anything. As she takes her final bow, she feels proud of how far she's come. Amelia knows this is juts the beginning of her journey, and she's ready for whatever comes next.



where does Amelia practice acrobatic gymnastics?

- A) At a park
- B) At a gym
- C) At a school

Why does Amelia love practicing acrobatic gymnastics?

- A) Because it's easy
- B) Because it's challenging and exciting
- C) Because it's boring

How does Amelia feel when she performs in front of an audience?

- A) Relaxed
- B) Nervous but excited
- C) Bored

What does the audience do when Amelia performs her routine?

- A) They boo
- B) They clap and cheer
- C) They leave the gym

What does the story teach us about Amelia's character?

- A) She never makes mistakes
- B) She always gives up easily
- C) She is determined and never gives up

## **WRITING!**

**Reflect on the importance of believing in oneself, as portrayed in the story. Share a personal experience where believing in yourself made a difference in achieving a goal or overcoming adversity.**