

Unit 1.1

Choose the tense that best describes the description.

1. Past experiences with no specific past time given _____
2. An action in progress in the past _____
3. A completed action in the past _____
4. A habit or repeated action in the present _____
5. An action in progress in the present _____
6. An action that started sometime in the past and is still continuing _____

Complete the rule based on the examples.

1. Simple present

Every day I **set** a goal for myself. Although it's hard at the beginning, it's something my best friend **does**.

I / you / we / they + _____ + object.

He / She / It + _____ + _____.

2. Present continuous

I **am working** on a project *right now*. But Sahra **is having** a break. If you **are struggling** with that, I'm sure she can help you.

Subject + _____ / _____ / _____ + _____ + _____.

3. Simple past

I **ran** my first marathon *last month*.

Subject + _____ + _____.

4. Past continuous

I **was telling** joke *when* my mom *said* something about my underwear. I was the joke in the end.

Subject + _____ / _____ + _____ + _____.

5. Present perfect

My bothers **have faced** their fear of darkness. They don't sleep with the lights on anymore.

Subject + _____ / _____ + _____ + _____.

6. Present perfect continuous

I **have been working** so hard *for* the last ten months. I deserve to take a break.

Subject + _____ / _____ + _____ + _____ + _____.

Complete the sentences with the correct form of the verb.

1. My sister always _____ (take) pride in her daughters. And guess what?
They _____ (win) a medal last week. They _____ (break) some records in the province.
2. I _____ (think) about this a lot for the last months, and I decided to
_____ (face) my fear and _____ (run) my own business. I _____
(have) breakfast at 8 this morning when suddenly I _____ (get) a thousand
likes in my last reel. It was about my art pieces, and I read comments saying they
love to see people _____ (work) with their hands these days. I'm sure I can
_____ (rise) to the challenge.