

Summit 1 – Unit 4 – Listening practice

Multiple Choice Questions: Choose the best answer.

1. What aspect of female self-image does the lecturer primarily address?
A) Historical beauty standards
B) Media influence
C) Eating disorder prevention
D) Parental guidance
2. What age group experiences a significant drop in satisfaction with their appearance according to the lecture?
A) 15-18
B) 10-14
C) 20-25
D) 30-35
3. What percentage of girls aged 11 to 17 express a desire to be thinner?
A) 10%
B) 25%
C) 50%
D) 75%
4. What percentage of adult women are reported to be highly self-critical of their bodies?
A) 40%
B) 60%
C) 80%
D) 100%
5. What is suggested as a strategy to combat negative self-image among young girls?
A) Encourage conformity to media ideals
B) Shield them from media influence
C) Implant positive messages about their value
D) Criticize their appearance

Fill in the Blanks Questions:

Use words and numbers in the box to fill in the blanks.

80 60 29 5 10 males advertisers

6. Between the ages of ten and fourteen, the percentage of girls who say they are happy with the way they look drops from _____% to _____%.
7. One study of adult women reported that _____% of women are highly self-critical and are dissatisfied with their bodies.
8. The result of all these negative feelings is that between _____ and _____ million teenaged girls and young women have an eating disorder—extreme dieting, or anorexia—that can be dangerous to their health.
9. If you are a woman, it's important to increase your awareness that you are being targeted as a consumer group by _____.
10. In next week's class, the lecturer will discuss the impact of media on _____, who also have to cope with a similar impossible ideal.