

## 14 Complete the internet forum entries with the correct words in the box.

seasonings oven appetite chop stir  
sprinkle ingredients oil heat fry



Caroline



I'm attaching a really easy recipe for a lovely meal with basic (1) \_\_\_\_\_. Just (2) \_\_\_\_\_ all the vegetables and (3) \_\_\_\_\_ the meat in some hot (4) \_\_\_\_\_ for a few minutes, then put everything into a big pot and (5) \_\_\_\_\_ on some herbs and other (6) \_\_\_\_\_. Add some tinned tomatoes and red wine. Cook on a low (7) \_\_\_\_\_ in the (8) \_\_\_\_\_ for two and a half hours. (9) \_\_\_\_\_ every fifteen minutes. Serve with a salad. Perfect every time.



Sue



If I had to wait two and a half hours, I'd lose my (10) \_\_\_\_\_. Take them out to a restaurant!