Phone call 1

"Everything went wrong. I only managed half a day on Wednesday, the first day, and on Thursday we started late, so I'm already [1]_____. I've been suffering from the heat. It's absolutely [2]_____, and the humidity is 100% at lunchtime. I went the wrong way and I had to paddle against the current. I was [3]_____! They asked me, 'Do you want to give [4]_____?' but I said, 'No!' Because I've also been having a wonderful time! There are pink dolphins – pink, not grey – that come close to the boat. I think that if I can do 100 kilometres a day, then I can make it."

Phone call 2

"I've been on the Amazon for a week now, and I've been paddling for six out of the seven days. The river is incredibly [5]_____, and it's very hard to paddle in a straight line. The water is so brown that I can't see my paddle once it goes under the surface. It looks like melted [6]_____. I start at 5.30 in the morning, and I [7]_____ for at least ten hours, from 5.30 a.m. until dark, with only a short break for lunch. My hands have been giving me problems – I have big blisters. I now have them bandaged in white tape.

I'm usually on the water for at least ten hours; it's [8]____ at times, exciting at others. I listen to music on my iPod. I've been listening to *Don't Stop Me Now* by Queen to inspire me!"

Phone call 3

"I haven't been [9]_____ very well this week. The problem is heat exhaustion. They say it's because I haven't been drinking enough water. I've been travelling 100 kilometres a day, which is my target. But yesterday after 84 kilometres I was feeling [10]_____, and my head was aching and I had to stop and rest."

LIVEWORKSHEETS