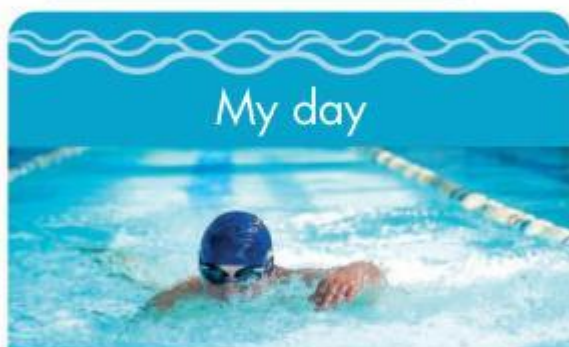


## 1 Complete the blog post with these words.

after at because do don't finish  
get let then



Hi! My name's Dan and I'm fourteen years old. I come from Liverpool in England. This is my typical day.

I'm a swimmer and I need to do a <sup>1</sup> lot of practice. Every morning I <sup>2</sup> \_\_\_\_\_ up at 5.00 – yes, 5.00! I <sup>3</sup> \_\_\_\_\_ have a big breakfast, but I drink a cup of tea. <sup>4</sup> \_\_\_\_\_ my dad takes me to the swimming pool. I get there <sup>5</sup> \_\_\_\_\_ 5.30 exactly. I train for two and a half hours. Then dad takes me home again. I have breakfast with the family at 8.30. <sup>6</sup> \_\_\_\_\_ that, I go to school.

Lessons <sup>7</sup> \_\_\_\_\_ at 4.30. I go swimming again for an hour and a half, from 4.45 to 6.15. Then, I go home and have dinner. I <sup>8</sup> \_\_\_\_\_ my homework in my room and then, at about 8.00, I watch TV. I go to bed at 9.00 p.m. <sup>9</sup> \_\_\_\_\_ I'm tired.

## 2 Read the blog again. Complete the table.

Time	Activity
5:00	<sup>1</sup> <u>get up</u>
<sup>2</sup> _____	arrive at swimming pool
<sup>3</sup> _____	finish training
8:30	<sup>4</sup> _____
<sup>5</sup> _____	lessons finish
4:45	<sup>6</sup> _____
<sup>7</sup> _____	finish swimming
8:00	<sup>8</sup> _____
<sup>9</sup> _____	go to bed

3 Join the sentences with *so* and *because*. Sometimes you need to change the order of the sentences.

- I want to pass my exams. I work hard.  
a (so) I want to pass my exams, so I work hard.  
b (because) I work hard because I want to pass my exams.
- We aren't very good at tennis. We practise a lot.  
a (so) \_\_\_\_\_  
b (because) \_\_\_\_\_
- He lives near his school. He walks to school in the morning.  
a (so) \_\_\_\_\_  
b (because) \_\_\_\_\_
- I sing every day. I want to be a famous singer.  
a (so) \_\_\_\_\_  
b (because) \_\_\_\_\_
- She always needs help with her French homework. She isn't very good at French.  
a (so) \_\_\_\_\_  
b (because) \_\_\_\_\_

## 4 Think of someone you know who has a different daily routine from you. Copy and complete the table with information about him/her in your notebook.

Time	Activity
_____	_____
_____	_____

## WRITING TIME

Write a blog post about the daily routine of the person in Exercise 4.

## FIND IDEAS

Make notes about:

- his/her school day
- his/her evening
- what he/she does in summer/winter

## PLAN AND WRITE

- Organise your ideas into three paragraphs. Use the blog post in Exercise 1 to help you.
- Write a draft blog post.

## CHECK

- Check language: are *so* and *because* correct?
- Check grammar: are the verbs in the Present Simple?
- Write the final version of your post.