

INSPIRED TOTS EARLY LEARNING CENTER
PRE K SECOND TERM EXAMINATION 2024

HEALTH HABITS

1. Food is anything we eat to make us___ (a) Healthy and weak (b).
Healthy and strong
2. Mention Three examples of food you know? _____, _____ &

3. What is your favorite food? _____
4. Why do we eat food? Mention two reasons.

5. We eat food to; Grow, _____, _____
6. Identify and name only the healthy foods.



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7. Identify and name only the unhealthy foods



8. What kind of foods are these?



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9. Table manners is the right and acceptable behavior while eating at the table.

(a). True (b). False

10. Mention 3 good table manners _____,
_____.

11. Table manners teaches us to say "please "and "thank you ". (a). True
(b). False

12. Eating and playing is a bad table manner. (a). True (b). False

13. Name the following dangerous objects/appliance used at home.



14. Dangerous objects are things that can cause injuries, illness and discomfort.

(a). Yes (b). No

15. Why are these objects/ appliances harmful?

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16. _____ means taking care of ourselves and our environment.

(a). Cleanliness, (b). Dirtiness

17. A clean child is a healthy child. (a). Yes (b). No.