

1) How are these people feeling? Match the pictures to the expressions.



- ..... I've got a terrible headache.
- ..... My throat is really sore.
- ..... I can't stop sneezing.
- ..... I've got a temperature.
- ..... I've got a bad cough.
- ..... I've got sore eyes.
- ..... I've got a swollen knee.

2) Chu Hua thinks she has the flu, so she goes to the chemist's. Listen to the conversation.

Cambridge English Skills, Real Listening and Speaking 2, track 43

<https://voca.ro/1hF4PYzaYxQE>



- Hello.
- Hi. I think I've got the flu. Could you.. Could you give me something for it?
- OK. What are your symptoms? Well, have you got a \_\_\_\_\_? Sore throat? temperature? Are you coughing?
- Yeah, I can't stop coughing at night.
- OK. How long have you had the \_\_\_\_\_?
- Oh, a couple of days now, and I have a headache, too.
- Do you take any other medicine?
- No.
- OK. This is cough mixture. It will stop the cough. The most important thing is take two spoonful's three or four times a day. Don't take it just when you've got a cough because then it takes a little while to work. You need to take it before you cough, or if you don't want to take \_\_\_\_\_, then there is a lozenge you can have. Take two, have one and then as soon as you finish, take another one. One after the other.
- Can I take both the lozenge and the cough mixture?
- No, no. You must take one or the other. You can have the cough mixture at nighttime and carry the lozenges in your bag during the day. If you're going to the movies and you think that coughs going to annoy people, you can have some lozenges. They soothe your throat because sometimes if your throat is dry, you cough so that will help there.
- And what about my \_\_\_\_\_?
- You should take paracetamol for your headache. It's gentle on the stomach. And it's safe to take. And take two of those every four hours, maximum of eight in 24 hours. You mustn't take more than that.
- OK. And what about my eyes? They're really \_\_\_\_\_. Is there anything I can take for them?
- Yes, try these eye drops. Two drops into each eye twice a day.

- OK. And how long do I take this medicine for?
- About 10 days. You shouldn't take it for longer than that.
- OK.
- And remember to take multivitamins too.

**a- What symptoms does she have?**

.....

.....

.....

**b- What medicines does the pharmacist give her?**

.....

.....

.....

**Look at these instructions for different medicines.**



**Match the symptoms with the remedies.**

**Symptoms**

- toothache ♦
- sore throat ♦
- swollen knee♦
- sore eyes ♦
- cough ♦

**Remedies**

- ♦ cough mixture
- ♦ painkillers
- ♦ drops
- ♦ lozenges
- ♦ ice



**3) Listen to six people tell you what's wrong with them. Give them advice using a different expression each time.**

Cambridge English Skills, Real Listening and Speaking 2, track 45

<https://voca.ro/17OgoOIXJbaQ>



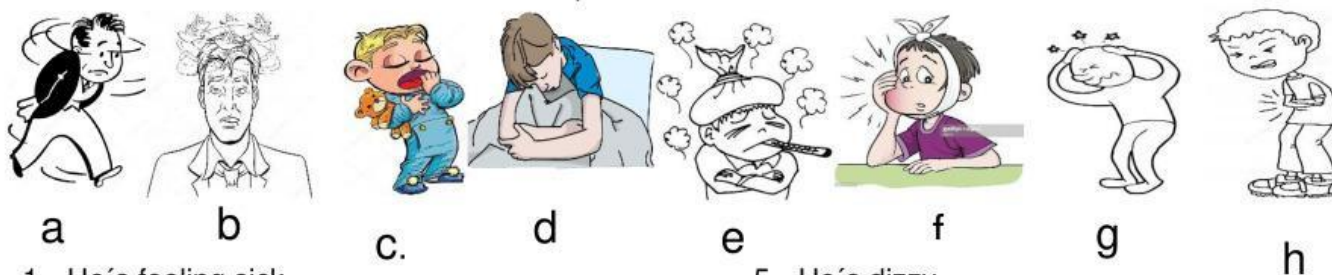
Example:

a. - 'I've got a terrible toothache'

- Oh no. You should take some painkillers. They will help.

- b. ....  
c. ....  
d. ....  
e. ....  
f. ....

**A. Match the sentences to the correct picture.**



- |                             |                               |
|-----------------------------|-------------------------------|
| 1. He's feeling sick. _____ | 5. He's dizzy _____           |
| 2. He has a toothache _____ | 6. He's worried _____         |
| 3. He has a headache. _____ | 7. He's sleepy _____          |
| 4. He has a fever _____     | 8. He has a stomachache _____ |

**B. Match the health problems in exercise A with the best suggestion. Sometimes, one suggestion solves more than one problem.**

- |  |                                      |
|--|--------------------------------------|
| 1. He should drink some tea. _____                     | 7. He should see a doctor. _____     |
| 2. He should go to bed. _____                          | 8. He should eat junk food. _____    |
| 3. He shouldn't drink coffee _____                     | 9. He should sit down _____          |
| 4. He should go to the dentist. _____                  | 10. He should take an aspirin. _____ |
| 5. He should have a candy or<br>Something sweet. _____ |                                      |
| 6. He should relax _____                               |                                      |

## I'm sick



Hi, I'm Tom. Today have to stay at home. I'm not feeling very well. I've got a headache, a running nose and a cough. I think I also have a fever. As it could be Covid-19, I got tested, but until the results are ready, I have to stay isolated in my room. Mom gives me fresh orange juice, and an aspirin every four hours. I also take a syrup for my cough. I hate it when I'm sick because I can't meet my friends, I can't go to school and I can't play football. I hope the test will be negative !!!!



Hi, my name is Jessica. I feel really sick today. I am red with spots. I have also a fever. The doctor came and said that I had the measles. I can't go to school for ten days because I could infect my mates. I also have to stay away from the sun. I have to stay in my room and, most of the time, in bed. The good thing is, I won't be able to do my math test tomorrow. I wasn't prepared anyway. In the meantime, I'm going to read and play computer games.

### C Who says that, Tom, Jessica or both?

- I might have Covid. ( )
- I can't stay in the sun. ( )
- I have a fever. ( )
- My nose is running. ( )
- I am red. ( )
- I can't play with my friends. ( )
- I love play computer games. ( )
- I take an aspirin. ( )
- I don't like being sick. ( )
- I got tested. ( )

### How do you feel?

### D Answer the questions.

- Does Tom go to the doctor? \_\_\_\_\_
- What does Tom drink? \_\_\_\_\_
- What does he take? \_\_\_\_\_
- What results does he expect? \_\_\_\_\_
- What's the matter with Jessica? \_\_\_\_\_
- What does the doctor say? \_\_\_\_\_
- Who plays computer games? \_\_\_\_\_
- What symptoms does Marta have? \_\_\_\_\_

### E Denis and Anna are talking. Match the questions to the right answer.

- |                                      |   |
|--------------------------------------|---|
| 1. Hello Denis, how are you?         | a) I have got a headache.                 |
| 2. Oh, what's the matter?            | b) Yeah, you are right. I'll go tomorrow. |
| 3. Since when do you feel the pain ? | c). I don't feel well.                    |
| 4. You should go to the doctor.      | d) Since Sunday.                          |

THE PROBLEM	THE RECOMMENDATIONS	
Have a stomachache/an earache/a toothache...	sleep	ask my friends for suggestions
Have a fever/ a cold/ a runny nose	rest	do exercise
My head /arm/ back / neck / hurts	take medication	take an aspirin
Feel dizzy / bad / worried / nervous / sick	call the doctor	use home remedies
Am dizzy / bad / worried / nervous / sick	ask ns adult what to do	go to the doctor
	drink a hot tea	use eye drops

### F Complete the dialogue between Satia and Elise. Than act it out with a partner.

- S: Hi, how \_\_\_\_\_ ? E: \_\_\_\_\_ not well.
- S: Oh, \_\_\_\_\_ ? E: I have a terrible \_\_\_\_\_
- S: \_\_\_\_\_ when \_\_\_\_\_ ? E: \_\_\_\_\_
- S: You should \_\_\_\_\_ . E : \_\_\_\_\_ are \_\_\_\_\_

**G Write the instructions that can help people with the following problems. Look at the example.**

1. headache take an aspirin

2. stomachache \_\_\_\_\_

3. feeling sick \_\_\_\_\_

4. feeling nervous \_\_\_\_\_

5. feeling tired \_\_\_\_\_

6. feeling sleepy \_\_\_\_\_

7. irritated eyes \_\_\_\_\_

8. earache \_\_\_\_\_

9. insomnia \_\_\_\_\_

10. toothache \_\_\_\_\_

[https://www.youtube.com/watch?v=Qn9QKZrNbeo&ab\\_channel=LearnEnglishbyPocketPassport](https://www.youtube.com/watch?v=Qn9QKZrNbeo&ab_channel=LearnEnglishbyPocketPassport)

**H Watch the video and fill in the gaps.**

**Dr.Evans:** Hello Mr.McKay. What brings you here today?

**Tony:** I have a \_\_\_\_\_ and a sore stomach.

**Dr.Evans:** Okay Tony. I see your temperature is a hundred and four degrees. That's very high.

**Tony:** Yes, I feel very \_\_\_\_\_ and nauseous.

**Dr.Evans:** Did you get sick?

**Tony:** Yes, I vomited twice this morning.

**Dr.Evans:** Did you have any diarrhea?

**Tony:** Yes, a little bit.

**Dr.Evans:** Did you take any \_\_\_\_\_ to treat your symptoms?

**Tony:** No doctor. I didn't take anything.

**Dr.Evans:** Okay, sounds like you may have some food poisoning.

**Tony:** Oh, no.

**Dr.Evans:** Take this medicine now and again every six hours until it's finished. You'll be okay in about twenty-four hours.

**Tony:** That's a relief. Thank you very much doctor.