

## UNIT 8. Becoming independent

### TEST 2

#### I. Find the word which has a different sound in the part underlined.

- |                        |                     |                       |                       |
|------------------------|---------------------|-----------------------|-----------------------|
| 1. A. <u>look</u>      | B. <u>food</u>      | C. <u>good</u>        | D. <u>cooker</u>      |
| 2. A. many             | B. <u>study</u>     | C. <u>identify</u>    | D. <u>separately</u>  |
| 3. A. <u>decisive</u>  | B. <u>creative</u>  | C. <u>confident</u>   | D. <u>critical</u>    |
| 4. A. <u>motivated</u> | B. <u>expected</u>  | C. <u>dedicated</u>   | D. <u>organized</u>   |
| 5. A. <u>decision</u>  | B. <u>difficult</u> | C. <u>responsible</u> | D. <u>independent</u> |

#### II. Choose the word which is closest in meaning to the underlined word of the following sentences.

1. In order to have a great essay, you should look for useful information from reliable sources.  
A. mean                      B. confident                      C. dependable                      D. independent
2. I think family plays an important role in establishing children's self-assuredness.  
A. confidence                      B. self-assuredness                      C. self-reliance                      D. self-respect
3. All students are revising carefully, for the final test is approaching soon.  
A. going fast                      B. reaching fast                      C. coming near                      D. getting near
4. Parents can teach their teen to strive to achieve positive outcomes.  
A. try                      B. abandon                      C. decide                      D. fulfill
5. I'm totally exhausted after having finished successive assignments in only a week.  
A. jobs                      B. works                      C. exercises                      D. problems
6. You must believe in your abilities and have confidence in yourself to succeed.  
A. trust                      B. decision                      C. uncertainty                      D. wish
7. She has been taught self-reliance from an early age, so she is very independent now.  
A. dependence                      B. responsibility                      C. reliability                      D. independence
8. At last, Mai made a determined effort to get a scholarship for studying in Singapore.  
A. serious                      B. tenacious                      C. necessary                      D. unresolved
9. The prom is permitted providing that everyone behaves responsibly.  
A. honestly                      B. imperfectly                      C. sensitively                      D. sensibly
10. Those who have strong interpersonal skills are able to get on well with most types of people.  
A. incorporate                      B. motivate                      C. separate                      D. contribute

#### III. Choose the word which is opposite in meaning to the underlined word of the following sentences.

1. It's impossible for us to guess what will happen.  
A. unfeasible                      B. possible                      C. forgettable                      D. manageable
2. Don't bring your umbrella with you. It's unnecessary.  
A. necessary                      B. decisive                      C. unimportant                      D. independent
3. Time-management skills are not difficult to develop.  
A. hard                      B. easy                      C. confident                      D. complex
4. Susan made a great effort to accomplish all homework before the deadline but it was in vain.  
A. helpful                      B. useless                      C. ineffective                      D. worthless
5. I think teenage girls are less self-confident than their male peers.  
A. sure                      B. assured                      C. self-reliant                      D. unconfident
6. If you want to be a good leader, overcoming these challenges is essential.  
A. overwhelming                      B. controlling                      C. conquering                      D. surrendering
7. He is an admirable boy as he isn't influenced by other people's opinions when making decision to do something.  
A. solved                      B. impacted                      C. assigned                      D. unaffected
8. It is important for children to learn self-sufficiency, develop high self-esteem and be motivated from early on in life.  
A. happy                      B. unconfident                      C. unmotivated                      D. activated

9. Jack is a very **well-informed** person because he has a lot of knowledge about current topics and particular situations.

- A. bad-informed      B. badly-informed      C. ill-informed      D. perfectly-informed

10. At first, he was **reluctant** to help us. However, after persuading for a long time, he agreed to play the guitar at our tea-shop.

- A. hesitate      B. willing      C. eager      D. keen

**IV. Choose the best option A, B, C, or D to complete the second sentences.**

1. Marie Curie discovered radium and polonium.

\_\_\_\_\_ who discovered radium and polonium.

- A. It is Marie Curie      B. It was Marie Curie  
C. She was Marie Curie      D. It was Marie Curie that

2. This doctor will examine your grandma.

\_\_\_\_\_ who will examine your grandma.

- A. He is the doctor      B. It is the doctor that  
C. It is this doctor      D. It was this doctor

3. I lost my keys yesterday morning.

\_\_\_\_\_ I lost my keys.

- A. That was yesterday morning      B. It is yesterday morning when  
C. It is yesterday morning that      D. It was yesterday morning that

4. Self-study helps you to progress at your own pace.

\_\_\_\_\_ self-study helps you to progress.

- A. It was at your own pace who      B. It is at your own pace who  
C. It was at your own pace that      D. It is at your own pace that

5. Dinh Tien Hoang built the Hoa Lu Ancient Capital.

\_\_\_\_\_ who built the Hoa Lu Ancient Capital.

- A. It was Dinh Tien Hoang      B. He was Dinh Tien Hoang  
C. It is Dinh Tien Hoang      D. That was Dinh Tien Hoang

6. Scientists found some strange paintings on the walls of the cave.

\_\_\_\_\_ that scientists found some strange paintings.

- A. It was on the walls of the cave      B. It is on the walls of the cave  
C. On the walls of the cave      D. That was on the walls of the cave

7. Maya took care of me when I was in hospital.

\_\_\_\_\_ Maya took care of when I was in hospital.

- A. It was me who      B. It is me who      C. It is me that      D. I was who

8. Students can download free materials in many subjects from the Internet.

\_\_\_\_\_ students can download from the Internet.

- A. It is free materials in many subjects who  
B. It was free materials in many subjects who  
C. It is free materials in many subjects that  
D. It was free materials in many subjects that

9. Nam took these photographs in his grandfather's countryside.

\_\_\_\_\_ that Nam took in his grandfather's countryside.

- A. They are the photographs      B. It was these photographs  
C. It is these photographs      D. These photographs were

10. Michael Jackson composed and sang the song "Heal the world".

\_\_\_\_\_ composed and sang the song "Heal the world".

- A. It was Michael Jackson      B. It is Michael Jackson who  
C. It was Michael Jackson who      D. He was Michael Jackson who

**V. Read the passage and choose the correct answer A, B, C, or D to complete each sentence.**

People are unable to be independent for a variety of reasons, with fear at the forefront: the fear of being alone, the fear of rejection and the fear of the future. As we get older, we need to learn how to make the best decisions that allow us to live our lives the way we want to. Developing into an **autonomous** person can be one of the most worthwhile outcomes we can strive for ourselves.

Having the ability to be happy regardless of being in a relationship is an amazing attribute. People continue to wallow in **detrimental** relationships because they are scared of being on their own. Instead, they should relish in it and spend this time focusing on making themselves better people.

There is no reason to base your life decisions on relationships with people. All relationships end at some point or another, it's reality. There is nothing you can do to change or affect that. The only thing you can do is change your perception of relationships. Instead of expecting them to make you happy by being in your life and providing enjoyment, appreciate the time spent and enjoyment since you know it will be gone.

Make decisions by and for yourself, and do what you want and learn from your own mistakes.

1. People are unable to be independent because they are afraid of being alone, afraid of being rejected, and \_\_\_\_\_ about the future.

- A. excited                      B. scared                      C. exciting                      D. scaring

2. Making the best decisions helps us \_\_\_\_\_.

- A. to live our lives the way we wish                      B. to live our lives the way our parents want to  
C. to do things that we don't like                      D. to develop essential life skills

3. The word "**autonomous**" in the first paragraph is closest in meaning to \_\_\_\_\_.

- A. dependent                      B. dependable                      C. reliable                      D. self-determined

4. The word "**detrimental**" in the second paragraph is opposite in meaning to \_\_\_\_\_.

- A. harmful                      B. dangerous                      C. decisive                      D. beneficial

5. You can't do anything to change \_\_\_\_\_.

- A. your life decisions                      B. your perception of relationships  
C. the end of a relationship                      D. the beginning of a relationship

## VI. Complete the dialogue with the sentences from the box.

- A. I think so.  
B. Because it can be counter-productive.  
C. So what is the best way to help children more independent?  
D. Can you explain why the child's fear and panic, and dependence are greater the next night?  
E. I think parents shouldn't push their children to be independent before they are ready.  
F. When the child is afraid and their parents push them too hard too soon, they will often feel flooded with uncomfortable emotions and bodily sensations.

Jenny: (1) \_\_\_\_\_.

Linda: Why do you think so?

Jenny: (2) \_\_\_\_\_. Children will become more dependent if they are forced too much.

Linda: Oh, really?

Jenny: Right. For example, if a toddler is afraid to be alone at bedtime, and the parent forces him to do so, the feeling of fear once the parent closes the door may amplify. The next night, this fear and panic, and dependence are even greater.

Linda: I don't understand. (3) \_\_\_\_\_.

Jenny: Well, because the child was not ready for the move toward independence. (4) \_\_\_\_\_.

Linda: (5) \_\_\_\_\_. However, what will happen to children if their parents don't push them at all?

Jenny: They will stay confined within their comfort zone and won't overcome their discomfort and fear about taking on new independence or a new experience.

Linda: (6) \_\_\_\_\_.

Jenny: I think parents should push their children gently, incrementally and with lots of support.

Linda: You are right. I agree with you.

**VII. Use the words and phrases given to write complete sentences.**

1. teach / your teen / how / make decisions / be / big step / prepare / them / independence/.

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2. be / responsible / your own time management / be / important part / become an adult /.

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3. Teens / feel / more confident / if / they / can / handle / everything / their own /.

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4. cope with / loneliness / be / very important skill / needed independent living skills / for teens /.

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5. learn / be responsible / money / as a teen / can / set you on / right track / financial / for life /.

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6. parents / can / encourage / independence / their teen, / while / also keep / them / safe and supported /.

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7. cook / be / also / practical and important life skill / all children / should / learn /.

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8. you / need / learn / how / manage your time / if / you / want / study well / and / enjoy / your valuable free time /.

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