

## UNIT 8. Becoming independent

### TEST 1

#### I. Find the word which has a different sound in the part underlined.

1. A. <u>teen</u>	B. <u>seer</u>	C. <u>seek</u>	D. <u>esteem</u>
2. A. <u>trust</u>	B. <u>self-study</u>	C. <u>lucky</u>	D. <u>duty</u>
3. A. <u>parents</u>	B. <u>requires</u>	C. <u>achieves</u>	D. <u>materials</u>
4. A. <u>become</u>	B. <u>subject</u>	C. <u>dependent</u>	D. <u>remember</u>
5. A. <u>honest</u>	B. <u>household</u>	C. <u>healthy</u>	D. <u>housekeeping</u>

#### II. Choose the correct word to complete the sentences.

1. She is a very \_\_\_\_\_ girl. She won't let anyone look down on her.  
A. self-assured      B. self-reliant      C. self-aware      D. self-respecting
2. Nam is truly a \_\_\_\_\_ friend. He will always be with me and never let me down.  
A. reliable      B. determined      C. self-confident      D. self-esteemed
3. Effective \_\_\_\_\_ skills help you break each project down into the achievable tasks.  
A. timeline      B. time-keeping      C. time-consuming      D. time-management
4. Tom decided to find a part-time job because he didn't want to be financially \_\_\_\_\_ on his parents.  
A. decisive      B. dependent      C. independent      D. reliable
5. I really admire his ability to \_\_\_\_\_ decisions so quickly.  
A. have      B. make      C. solve      D. carry out
6. To \_\_\_\_\_ these problems, you must be well-prepared.  
A. get into      B. cope with      C. carry out      D. relax
7. It's her \_\_\_\_\_ to ensure the project finishes on time.  
A. freedom      B. decision      C. responsibility      D. management
8. Many teenagers \_\_\_\_\_ heavily on their parents, so they cannot live independently.  
A. rely      B. decide      C. admire      D. remind
9. He is \_\_\_\_\_. He always tries to find solutions to his problems and seldom needs help from others.  
A. dependable      B. undependable      C. self-reliant      D. well-informed
10. Now that our children are more \_\_\_\_\_, we have more time for ourselves.  
A. independent      B. advantageous      C. self-esteemed      D. motivated

#### III. Supply the correct form of the words in brackets to complete the sentences.

1. It's the money-management app that taught me how to be \_\_\_\_\_ with money.  
(responsibility)
2. In spite of poverty and dreadful conditions, they still manage to keep their \_\_\_\_\_.  
(self-respecting)
3. Lisa is \_\_\_\_\_ to become a famous actress so everyone knows her. (determination)
4. He is not only good at \_\_\_\_\_ but also well-informed about everything around the world. (learn)
5. Being \_\_\_\_\_ is a vital skill for people who want to take more control of their lives and reach their goal on their own. (independently)
6. He believes his reforms will restore \_\_\_\_\_ in the financial markets. (confident)
7. You will be taught \_\_\_\_\_, creative skills, workshop skills, animal care skills, and professional skills. (cook)
8. These skills are \_\_\_\_\_ not only in job-hunting, but also in many other aspects of life. (value)
9. \_\_\_\_\_ skills help us to balance our time between study, leisure, and work. (Time-manage)
10. General \_\_\_\_\_ skills are part of being independent and responsible. (housekeeper)

#### IV. Rewrite the sentences using cleft sentences focusing on the underlined parts.

1. My sister encouraged me to go to college.

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2. Money management helps children to learn how to invest later.

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3. Linda called her mom to inform about her good results in the exam.

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4. She started to study abroad in the USA in 2020.

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5. John learned good manners from his parents at an early age.

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6. Mai is going to spend her summer vacation in Nha Trang.

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7. I bought two new English books with my pocket money.

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8. Mr. Long helped me to improve my pronunciation.

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9. Children should learn problem-solving skills at an early age.

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10. They are going to publish a book on wildlife in Africa.

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**V. Read the passage and choose the correct answer A, B, C, or D to each question.**

One of the most important learning skills you can help your child to develop is to become an independent learner. Children who are more independent learners tend to have more self-confidence and have a greater sense that they are in control of their learning. Encouraging independent learning can happen from a young age, but it can be hard for parents who are not trained teachers to know when they are giving too much help and when they are not giving enough. If you regularly help your child with their homework, there are a few simple steps you can take to help your child become more independent learners.

- Help your child to answer the first question or two in an activity then allow them to do the next ones by themselves. Encourage them to get the answer themselves, but if they are struggling it may help them to point out how you would find the answer.
- Negotiate a time limit on how long they think it will take them to finish the rest of the activity to help them stay focused on their work. Perhaps even set a timer on your phone and encourage them to 'race' the clock. The time limit should be reasonable so that children can complete the activity with neat writing.
- If your child is used to your presence when they complete their homework, gradually move away from them over a period of time. Helping them to start their homework and then moving to sit nearby but not with them while they finished can give them the comfort of you being there but encourage them to complete the work by themselves. Over time you can put more distance between you until they are able to work alone while you are able to get on with other things you might need to do.
- Set aside time with your child after they have finished their homework. You could play a game together or read a story. It's a good reward for having finished their work by themselves.

1. According to the writer's view, becoming an independent learner is \_\_\_\_\_.

- A. an important learning skill for a child
- B. a great sense in control of learning
- C. a self-confidence in life
- D. not necessary

2. Why it is hard for parents to know when they are giving too much help and when they are not giving enough?

- A. Because they are not trained teachers.
- B. Because they regularly help their children with their homework

C. Because they don't encourage their children to learn independently  
D. Because they always encourage their children to learn independently.

3. The word "**you**" in the second paragraph refers to \_\_\_\_\_.  
A. questions      B. answers      C. parents      D. children

4. What is the aim of limiting time?  
A. To help children finish the rest of the activity.  
B. To help children stay focused on their work.  
C. To set a timer on children's phone.  
D. To encourage children to "race" the clock.

5. Which of the following statement is NOT true about paragraph 4?  
A. Encourage children to complete the homework by themselves.  
B. Sit nearby but not with children while they are doing homework.  
C. Put more distance between parents and children until children are able to work alone.  
D. Gradually approach children and help them with their homework.

6. What is the passage mainly about?  
A. Reward your child for having completed homework on their own.  
B. Take time to play with your child.  
C. Help your parents to become independent workers.  
D. Help your child to become an independent learner.

#### **VI. Complete the dialogue with the sentences from the box.**

A. Why do you think so?  
B. What can we do to reduce any time-related stress in our lives?  
C. Which of them are the most important for you, Sarah?  
D. Perhaps I will be under severe stress.  
E. I agree with you that there are many skills.  
F. Time-management skills are also valuable in job-hunting and in many other aspects of life (from revising for examinations to working in a vacation job).

Angie: There are so many skills that we need in order to become independent. (1) \_\_\_\_\_.

Sarah: (2) \_\_\_\_\_. However, the most important skills for me are the abilities to manage my own time.

Angie: Oh, really? (3) \_\_\_\_\_.

Sarah: Because it helps me to balance the conflicting demands of time for study, leisure, and work.

Angie: Is that all?

Sarah: No. (4) \_\_\_\_\_.

Angie: What do you think if you don't have enough time to do everything you need to?

Sarah: (5) \_\_\_\_\_.

Angie: (6) \_\_\_\_\_.

Sarah: I think the best way is adjusting our routines and patterns of behavior.

Angie: Great! Thanks so much.

#### **VII. Reorder the words and phrases to make meaningful sentences.**

1. ability / have / loneliness / should / the / Teens / to / with / cope /.

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2. aware / good / strengths / of / It / is / to / be / your / and / a / weaknesses / idea /.

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3. him / I / like / opinions / influenced / he / by / isn't / because / other / people's /.

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4. to / Self-study / the / of / refers / studying / without / help / others / from / any / process /.

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5. quickly / decisions / so / makes / She / and / everybody / her / ability / admires / decisive / .

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6. are / students / very / the / well-informed / about / All / changes / in / exams / coming /.

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7. need / You / be / and / flexible / willing / to / to / schedule / activities, / work, / time / for / and social engagements /.

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8. her / tasks / always / completes / on / Jane / time, / and / needs / to / be / never / reminded / about / and / schoolwork / assignments / other /.

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