

4 RULES FOR GOOD COMMUNICATION

**CREATE - WORDS - AWARE - OPEN - TALK - ADJUST -
FILTERS - GUT - TWO-WAY - ENGAGE - EXPRESS - OPINIONS
- FACILITATE - INFLUENCE - NERVES**

_____ actively with the verbal and nonverbal feedback of others, and
_____ your message to _____ greater understanding.

Listen with your eyes and ears, as well as with your _____. Remember
that communication is more than just _____.

In the rush to _____ ourselves, it's easy to forget that
communication is a _____ street. Be _____ to what the other
person might say.

Be aware of your personal perceptual _____. Elements of your
experience, including your culture, community, and family, _____
how you see the world.