

Unit 8: Exercise 3

Read a leaflet from a sports centre about sports activities. Then complete the exercise.

Would you like to feel fitter, healthier and happier? Come to Mountain View Sports Centre. We have a variety of sports and fitness activities, new facilities and good prices. The Sports Centre is open from 7:00 a.m. until 10:00 p.m. from Monday to Friday, and 8:00 a.m. until 9:00 p.m. on Saturdays and Sundays.

You can exercise in one of our gyms, take a swimming class, do exercises classes and yoga in our new fitness rooms or join our tennis club. You can even book a session with a personal trainer. The centre has very new facilities, including two gyms, one swimming pool for children and one for adults, ten exercise rooms, five tennis courts and a café serving healthy snacks and fresh juices.

If you want to save money, you can buy a monthly pass, which costs £200 a month, or you can pay each time you use the facilities. The gym costs £4.00 for a session, the swimming pool £5.00, and exercise classes are £6.00. Lower prices are available for children and people over 60.

Complete the summary with one word or a number. Read the leaflet on the first screen again to help you.

Mountain View Sports Centre

Opening hours

Monday to Friday: 7:00 a.m. until 10:00 p.m.

_____ and _____ : 8:00 a.m. until 9:00 p.m.

Facilities

_____ gyms

_____ swimming pool

Adult's swimming pool

_____ exercise rooms

Five _____ courts

Café

Prices

Monthly pass: £200 per month

Gym session: £ _____

Swimming pool: £5.00

_____ classes: £6.00