Level: B1 Intermediate

Skill: Grammar

PET: Use of English

Complete the text below by choosing the most suitable word or phrase from the options provided.

Sports

Sports play an important role in (1) _____ people of all ages to lead active and healthy lifestyles. Whether it's participating in team (2) _____ such as football or basketball, or engaging in individual activities like running or swimming, there are countless ways to stay fit and (3) _____.

However, not everyone enjoys competitive sports, and many prefer to (4) _____ in more leisurely activities such as cycling or hiking. Whatever your (5) _____, finding a physical activity that you enjoy is key to maintaining a consistent exercise routine.

In addition to the physical benefits, sports also provide opportunities for social interaction and (6) _____. Joining a sports team or club can help you meet new people and develop valuable teamwork and communication skills.

Whether you're a seasoned athlete or a casual (7) _____, there's something for everyone in the world of sports. So why not (8) _____ out a new activity today and discover the joy of staying active?

1	a.encourage	b.encourages	c.encouraging	d.encouraged
2	a.sport	b.sports	c. sporting	d.sportive
3	a.active	b.activity	c.activities	d.actively
4	a.take part	b. take action	c.take place	d.take turn
5	a.preferences	b.prefer	c.preferring	d.preference
6	a.friendly	b.friendships	c. friend	d.friendlier
7	a.participant	b.participate	c. participating	d.participation
8	a.trying	b.try	c. tries	d.tried

LIVEWORKSHEETS