

Level: B1 Intermediate

Skill: Grammar



## PET: Use of English

Complete the text below by choosing the most suitable word or phrase from the options provided.

### Sports

Sports play an important role in (1) \_\_\_\_\_ people of all ages to lead active and healthy lifestyles. Whether it's participating in team (2) \_\_\_\_\_ such as football or basketball, or engaging in individual activities like running or swimming, there are countless ways to stay fit and (3) \_\_\_\_\_.

However, not everyone enjoys competitive sports, and many prefer to (4) \_\_\_\_\_ in more leisurely activities such as cycling or hiking. Whatever your (5) \_\_\_\_\_, finding a physical activity that you enjoy is key to maintaining a consistent exercise routine.

In addition to the physical benefits, sports also provide opportunities for social interaction and (6) \_\_\_\_\_. Joining a sports team or club can help you meet new people and develop valuable teamwork and communication skills.

Whether you're a seasoned athlete or a casual (7) \_\_\_\_\_, there's something for everyone in the world of sports. So why not (8) \_\_\_\_\_ out a new activity today and discover the joy of staying active?

- |   |                |                |                  |                  |
|---|----------------|----------------|------------------|------------------|
| 1 | a. encourage   | b. encourages  | c. encouraging   | d. encouraged    |
| 2 | a. sport       | b. sports      | c. sporting      | d. sportive      |
| 3 | a. active      | b. activity    | c. activities    | d. actively      |
| 4 | a. take part   | b. take action | c. take place    | d. take turn     |
| 5 | a. preferences | b. prefer      | c. preferring    | d. preference    |
| 6 | a. friendly    | b. friendships | c. friend        | d. friendlier    |
| 7 | a. participant | b. participate | c. participating | d. participation |
| 8 | a. trying      | b. try         | c. tries         | d. tried         |