

# 13 HEALTHY BODIES

## VOCABULARY

### Illness

1 Put the letters in *italics* in the correct order to complete the sentences.

- 1 Jason can't play tennis because he's got a *nkerbo* \_\_\_\_\_ arm.
- 2 My mum had a *dcehaaeh* \_\_\_\_\_ so she stayed at home.
- 3 I need to go to the dentist because I've got *tocaothhe* \_\_\_\_\_.
- 4 I can't eat because I've got a *moahcts heca* \_\_\_\_\_.
- 5 I've got a *ldoc* \_\_\_\_\_ today so I'm going to stay at home.
- 6 My ears *rtuh* \_\_\_\_\_ because it's so cold.
- 7 She ate a lot of cake and now she feels *iskc* \_\_\_\_\_.
- 8 My sister's got a *pmetaerrute* \_\_\_\_\_ so she's in bed.
- 9 Did you have a *npia* \_\_\_\_\_ in your arm after you fell?

2 Complete the sentences with words in Exercise 1.

- 1 A: Do you want to go swimming this afternoon?  
B: Sorry, I can't. I've got \_\_\_\_\_. I think I need to go to the dentist.
- 2 OK. Let's see. Oh! 37.5 degrees! You've got a high \_\_\_\_\_.
- 3 A: What's the matter?  
B: I feel \_\_\_\_\_ and I've got a \_\_\_\_\_. I think I ate something bad.
- 4 A: Why are you walking slowly?  
B: I've got a \_\_\_\_\_ in my foot.
- 5 A: Does your arm \_\_\_\_\_ when I touch it?  
B: Ow! Yes.  
A: I think you've got a \_\_\_\_\_ arm.

3 Choose the correct words to complete the sentences.

- 1 I went to the doctor because I had a \_\_\_\_\_ in my stomach.  
A hurt B pain C sick
- 2 Your head feels hot. Have you got \_\_\_\_\_?  
A a temperature B toothache C a cold
- 3 I can't play rugby for six weeks because I've got a \_\_\_\_\_.  
A stomach ache B headache C broken arm
- 4 I don't want to eat anything because I \_\_\_\_\_ sick.  
A get B feel C have

## GRAMMAR

### should / shouldn't

1 Choose the correct words to complete the sentences.

To be healthy ...

- 1 you *should / shouldn't* sleep eight or nine hours every night.
- 2 you *should / shouldn't* drink lots of water.
- 3 you *should / shouldn't* go to bed late.
- 4 you *should / shouldn't* exercise four or five times a week.
- 5 you *should / shouldn't* eat too much chocolate or cake.
- 6 you *should / shouldn't* eat lots of fish, fruit and vegetables.

