

## FOCUS 2, Unit 8, words 8.1-8.2

**Complete the sentences with the words:** come out in a rash, cut out, feel dizzy, make choices, pain, allergic, reduce anxiety, pass out, keep track of, take up, drop, equipment, recover from, fiance, heart attack, cough, suffer from, spectator.

1. Sarah is \_\_\_\_\_ to cats, so she always sneezes when she's around them.
2. After eating the strawberries, he \_\_\_\_\_ because of an allergic reaction.
3. If you \_\_\_\_\_ smoking, your coughing will gradually decrease.
4. Whenever she's stressed, Mary tends to \_\_\_\_\_ and feels like she might faint.
5. It's important to \_\_\_\_\_ your expenses to manage your budget effectively.
6. When shopping for groceries, it's essential to \_\_\_\_\_ wisely to stay within your budget.
7. After the accident, he experienced intense \_\_\_\_\_ in his leg, but he's slowly getting better.
8. It takes time to \_\_\_\_\_ a major surgery, but with proper care, you'll eventually get over it.
9. Deep breathing exercises can help \_\_\_\_\_ and promote a sense of calm.
10. He was so exhausted from the hike that he almost \_\_\_\_\_ when he reached the top of the mountain.
11. Many people \_\_\_\_\_ allergies during springtime because of pollen in the air.
12. After years of playing soccer, he decided to \_\_\_\_\_ tennis as a new hobby.
13. Because of a lack of proper \_\_\_\_\_, the gym had to cancel the fitness class.
14. Her \_\_\_\_\_ has been supportive throughout her recovery from surgery.
15. During the marathon, she enjoyed being a \_\_\_\_\_, cheering on the runners from the sidelines.