True Colours

People who wear **white** want to be thought as thoughtful, open-minded and considerate. Lovers of white can also be determinate and calculating.

Those who dress mainly in **black** hope that it makes them look cool and mysterious. However, wearing black is often a sign of insecurity and may even mean that you are a little selfish.

Blue is a calming colour so if it´s your favourite colour you are probably calm and peaceful. It stimulates your ability to let go of past and move forward. Blue people are often hardworking and determined. Unfortunately they are also pretty mean when it comes to money and giving presents.

Red is a stimulating colour. It´s a good idea to wear it when your energy levels are low and avoid it if you´re feeling angry or irritated. Red stimulates passion and if you frequently choose it in the morning, you want to be seen positive and sexy. You also tend to be moody and others should beware of your fiery temper.

Green is the colour of new life and it stimulates the growth of new ideas. Green also awakens compassion and warm feelings towards others. Green-lovers are very competitive and outspoken when it comes to telling others that they´re wrong about something.

Yellow develops mental activity, co-ordination and communication. If you´re feeling tired or run-down it´s a good choice. "Yellow people" are outgoing and great fun to be with. Unfortunately they´ve also a good reputation for being a tiny bit immature.

Orange is an all-round stimulant. It can increase your health and vitality as well as brighten your mood. If when you open up your wardrobe orange is your main view, you are creative, friendly, happy and self-confident. The only problems are that orange lovers are quite often inconsiderate and tend to let other people down.



LIVEWORKSHEETS

According to the text what colour do you mainly dress up in if you ...

- express your opinions honestly even when it´s not popular to do so? _____
- only care about yourself? _____
- like to meet and talk to new people? _____
- like attracting other people? _____
- really care about feelings, needs or comfort of others? _____
- aren´t generous and hate spending money? _____
- don´t feel confident about yourself? _____
- work with care and energy? _____
- behave in a way that is typical of someone much younger? _____
- can suffer from frequent mood changes? _____
- like making other people laugh? _____
- have lots of new ideas and imagination? _____

LIVEWORKSHEETS