

# Illnesses and injuries

## VOCABULARY BANK

### 1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

a **cough** /kɒf/

a **headache** /'hedeɪk/ (backache, earache, stomach ache, toothache)

1 a **rash** /ræʃ/

a **temperature** /'temprətʃə/

**sunburn** /'sʌnbɜːn/

She's **being sick**. / She's **vomiting**. /'vɒmɪtɪŋ/

She's **sneezing**. /'snɪzɪŋ/

Her **ankle's swollen**. /'swælən/

Her back **hurts**. /həts/ / Her back **aches**. /eɪks/

Her **finger's bleeding**. /'blɪdɪŋ/

b ① 2.1 Listen and check.



c Match the illnesses and conditions with their cause or symptoms.

1 B He has a **sore throat**. /sɔːr 'θraʊt/

2 He has **diarrhoea**. /daiə'riə/

3 He **feels sick**. /fɪlz 'sɪk/

4 He's **fainted**. /'feɪntɪd/

5 He has a **blister** on his foot. /'blɪstə/

6 He has a **cold**. /ə 'kəʊld/

7 He has **flu**. /fluː/

8 He feels **dizzy**. /'dizi/

9 He's **cut himself**. /'kʌt hɪmself/

A He has a temperature and he aches all over.

B It hurts when he talks or swallows food.

C It's so hot in the room that he's lost consciousness.

D He's been to the toilet five times this morning.

E He feels that he's going to vomit.

F He's sneezing a lot and he has a cough.

G He feels that everything is spinning round.

H He's been walking in uncomfortable shoes.

I He's bleeding.

d ① 2.2 Listen and check.

### 2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

1 C He's **unconscious**. /ʌn'kɒnʃəs/

2 He's had an **allergic reaction**. /ə'lɜːdʒɪk rɪ'ækʃn/

3 He's **sprained** his ankle. /spreɪnd/

4 He has **high (low) blood pressure**. /'blɒd preʃə/

5 He has **food poisoning**. /'fuːd pɔɪzənɪŋ/

6 He's **choking**. /tʃəʊkɪŋ/

7 He's **burnt** his hand. /bɜːnt/

A He spilt some boiling water on himself.

B He fell badly and now it's swollen.

C He's breathing, but his eyes are closed and he can't hear or feel anything.

D It's 180 over 140 (or 18 over 14).

E He ate some prawns that were off.

F He was eating a steak and a piece got stuck in his throat.

G He was stung by a wasp and now he has a rash and has difficulty breathing.

#### Common treatments for...

a **cut** minor: put a plaster on it (AmE band aid) and antiseptic cream, major: have stitches

**headaches** take **painkillers**

**an infection** take **antibiotics**

**a sprained ankle** put ice on it and **bandage** it

**an allergic reaction** take **antihistamine tablets / pills** or use cream

b ① 2.3 Listen and check.

**ACTIVATION** Cover the illnesses, injuries, and conditions in 1a/c (1–9) and 2a (1–7). Look at the pictures, or causes and symptoms, and say the sentences.

### 3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

Please **lie down** on the couch. I'm going to examine you.

After two hours queuing in the sun, I **passed out**, and when I **came round** I was lying on the floor.

It often takes a long time to **get over** flu.

A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.

1 \_\_\_\_\_ faint

2 \_\_\_\_\_ put your body in a horizontal position

3 \_\_\_\_\_ vomit, be sick

4 \_\_\_\_\_ get better / recover from sth

5 \_\_\_\_\_ become conscious again

b ① 2.4 Listen and check.

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