

REVIEW TEST 5

SPEAKING

VOCABULARY

TOPIC: PAST EVENTS & ACTIVITIES (2)

Exercise 1. Choose the words given in the box to complete the sentences.

recreational	road trip	lush forest	get lean	stamina
budget	stretch	light-hearted	intrepid	motivation

1. During my road trip last summer, I had to carefully manage my _____ to make the most of the journey without overspending.
2. We discovered a beautiful _____ area near the lush forest where we could relax and enjoy some outdoor activities during our road trip.
3. Hiking through the challenging terrain of the lush forest required incredible _____, but the breathtaking views made it all worthwhile.
4. At one point during the road trip, we decided to _____ our legs and explore a charming little village off the beaten path.
5. The _____ behind our road trip was to explore new places, bond with friends, and create lasting memories.
6. The road trip was filled with _____ laughter, as we shared stories and played games while driving through picturesque landscapes.
7. Embarking on a _____ allowed us to visit multiple destinations, each with its unique charm and character.
8. Our group was _____ when it came to trying new activities, from white-water rafting to camping in the wilderness.
9. We decided to take a detour and venture into the _____, where we were surrounded by vibrant greenery and the soothing sounds of nature.
10. After indulging in delicious local cuisine during our road trip, we realized it was time to _____ and focus on healthier eating habits.

TOPIC: GETTING LOST, MEMORY & GAMES

Exercise 2. Choose a phrase to complete the responses below. Change the verb form if necessary.

strive for victory	work towards a common objective	
increase physical stamina	step out of their comfort zones	
instill values	the in thing	push one's boundaries

1. Well, many sports and games are excellent for _____. For instance, marathon running is a prime example. It's not just about striving for victory; it's also about pushing your physical boundaries and building endurance. These long-distance races instill values like discipline and determination.
2. Competing in games naturally encourages people to _____. It's not just about winning; it's also about the process of getting there. Take soccer, for example. Players work as a team and work towards a common objective, which is to score goals and win the match. This striving for victory fosters a sense of healthy competition.
3. Board games like chess are known to _____ like strategic thinking and patience. When playing chess, players have to plan their moves, anticipate their opponent's actions, and adapt their strategies accordingly. This game certainly goes beyond just winning; it's about developing critical thinking skills and patience.
4. Many team sports require players to _____. In basketball, for instance, players need to cooperate to score points and win the game. This teamwork teaches them the value of collaboration and the importance of working together for a shared goal.
5. Extreme sports such as rock climbing or skydiving are all about _____. These activities take people out of their comfort zones and challenge them physically and mentally. It's often the fear of the unknown that makes it exciting. Participating in such games can be a thrilling way to test one's limits.
6. People often find themselves _____ when trying out new and adventurous games like bungee jumping. It's an exhilarating experience that forces individuals to confront their fears and embrace the unknown. This willingness to step out of the comfort zone can be a valuable life skill.
7. Recently, e-sports have become _____ among the younger generation. Competitive video gaming, or e-sports, has gained immense popularity worldwide. It's not just about playing video games; it involves strategy, teamwork, and fierce competition. Many young gamers are striving for victory in this digital realm, and it's become a significant part of popular culture.

WRITING

VOCABULARY

TOPIC: HEALTH

Exercise 1. Complete the sentences using words given in the box.

healthcare facility	hospitalized	outbreak	fitness regime
privately-owned	healthcare sector	medical treatment	immune system
sedentary lifestyle	medical insurance	adopt	health risks

1. The _____ plays a crucial role in providing medical services to the population.
2. Access to affordable _____ is a concern for many people worldwide.
3. The recent _____ of the epidemic highlighted the importance of a robust healthcare system.
4. Maintaining a _____ is essential for overall health and well-being.
5. The rising cost of _____ can be a significant burden on families.
6. _____ hospitals often offer more specialized medical services.
7. Access to a well-equipped _____ can make a significant difference in patient outcomes.
8. Regular exercise and a balanced diet help strengthen the _____.
9. In severe cases, patients may need to be _____ for proper medical care.
10. People should _____ healthier lifestyle choices to reduce the risk of chronic illnesses.
11. Leading a _____ can contribute to various health problems.
12. Individuals who smoke are more prone to _____ such as lung cancer and heart disease.

TOPIC: SOCIAL ISSUES

Exercise 2. Complete the sentences using words given in the box.

starvation	food supply	overpopulation	food shortages
agricultural production	great volume	genetically modified food	

1. _____ plays a crucial role in ensuring a stable food supply for the growing population.
2. In regions facing drought and crop failures, people often face _____ due to inadequate food production.
3. The _____ chain needs to be more resilient to prevent sudden disruptions leading to food shortages.
4. Fast food and processed snacks, which are often consumed in _____, contribute to health problems.

5. The use of _____ is a controversial topic with concerns about its long-term impact on health and the environment.

6. _____ in urban areas can strain local resources and exacerbate issues related to food security.

7. The government should invest in improving agricultural production techniques to address _____ and ensure a stable food supply.

PARAPHRASING

Rewrite the sentences below without changing the meaning. Use the words in brackets.

1. The increase in air pollution can be attributed to the growing number of vehicles on the road.
(blame)

2. Regular exercise and a balanced diet can do wonders for one's physical health. (miracles)

STRATEGY: Cause-effect essay

Brainstorm ideas for the topics below. You don't have to write in full sentences.

Topic: These days people in some countries are living in a 'throw-away' society which means they use things in a short time then throw the things away.

causes	effects