

LIFE SKILLS

PHYSICAL WELL-BEING

SAFETY AT HOME



LIFE SKILLS

Safety at home

What is safety at home?

- Being careful with hot drinks or hot food
- Taking care with broken glass
- Never leaving things on stairs

1 Look at the signs and answer the questions.



1 What do you think each sign means?

2 Where can you see each sign?

3 What does a fire extinguisher do?

2 Match the photos A–G to the words 1–7.

1 lighter	4 heater	6 stairs
2 rug	5 iron	7 matches
3 knives		



Talk about the things you have in your home. How can these things be dangerous?

3 Read the text quickly. Match the words in the box to the paragraphs. Do you follow these tips at home?

Burns Cuts Falls

TIPS TO BE SAFE AT HOME



Homes are wonderful places. We can rest, study, play games and spend time with our friends and family in our homes, but there are dangers there too. Here are some ideas to help keep safe and happy at home.

1

- › Be careful in the kitchen – hot food and hot drinks can burn you.
- › Cookers can be dangerous – take care.
- › Don't touch a hot iron or heater.
- › Be careful with matches and lighters.
- › It is a good idea to keep a fire extinguisher at home.



2

- › Don't leave books, bags, shoes or other things on the stairs.
- › Turn the light on when you use the stairs.
- › Don't run upstairs or downstairs.
- › Make sure rugs don't move.
- › Be careful when the floor is wet.
- › Don't stand on chairs or tables.



3

- › Use scissors and knives carefully.
- › Be careful with broken glass or mirrors.
- › Don't touch sharp, metal objects.

WHAT TO DO IN AN EMERGENCY



Keep a list of emergency telephone numbers in a special place at home or on your mobile phone. Are you hurt? Ask a parent or teacher for help, or call the emergency services.



LIVEWORKSHEETS

4 Look at the text and choose the correct answers to complete the sentences.

- 1 It's dangerous to _____ lighters and matches wrongly.
a touch b use c have
- 2 Cookers get _____. You can burn yourself.
a cold b hot c fire
- 3 It's a good idea to keep a _____ at home for emergencies.
a lighter b heater c fire extinguisher

- 4 It's not a good idea to leave _____ on the stairs.
a a rug b shoes and books c a desk
- 5 Be careful! You can _____ down the stairs.
a burn yourself b cut yourself c fall
- 6 It's dangerous to play with _____ and scissors.
a knives b rugs c glasses

5 Match the highlighted words in the text to the meanings.

1 iron	a this cuts things easily
2 heater	b you use this on clothes
3 rug	c this warms the air
4 sharp	d you can see yourself in this
5 mirror	e this stops fires
6 fire extinguisher	f a soft piece of material that covers the floor

TALKING POINTS

Do you think safety is important at home and at school? How can you make schools and homes safer?

6 Listen to someone talking to a class at school. Choose the correct answers.

- 1 Who is visiting the class?
a a police officer b a firefighter
- 2 What are the students learning to use?
a the internet b a fire extinguisher

7 In pairs, try to remember the answers to these questions.

- 1 Why is it dangerous to use matches and lighters?
- 2 What can you do with a fire extinguisher?
- 3 Can hot soup be dangerous?
- 4 Why do you need to be careful with cookers, irons and heaters?
- 5 Is it a good idea to dry your clothes on heaters? Why / Why not?
- 6 What can you leave next to the phone or on your smartphone?



6 Listen again and check.

8 Now listen again and choose the correct words.

USEFUL LANGUAGE

- 1 It's not a *good / bad* idea to use lighters and matches without adults around.
- 2 You need to *use wrongly / be careful with* hot irons.
- 3 Some heaters and cookers *can burn you / put out fires*.
- 4 *It's good to have / Don't keep* emergency numbers next to the phone.

PROJECT

A safety leaflet

In small groups, write a leaflet about safety at home.

- Choose a title for your leaflet.
- Think of some ways to stay safe at home.
- Find some pictures.
- Choose a good design.
- Put it all together.
- Present your leaflet to another group. Take turns.