

HELEN'S DAILY ROUTINE



1) READ AND COLOR HELEN AS REQUESTED:

Hello, my name is Helen and I'm nine years old. I am a student. I've got blonde hair. I get up at seven o'clock every morning. I take off my pajamas, I wash my face and I put on my clothes. I like my pink T-shirt, my yellow trousers and my blue shoes and my red hat. Then I have breakfast: I eat biscuits, I drink milk with cocoa and a glass of orange juice. I brush my teeth and I go to school by bus. At school I read and write. I have lunch at the school canteen. I go home at four o'clock.

I play basketball with my friends and I do my homework. I have dinner with my family in the evening. I watch TV with my family, then I put on my pajamas and I go to bed.



2) TRUE OR FALSE?

	TRUE	FALSE
1) Helen is ten years old.		
2) She gets up at seven o'clock in the morning.		
3) She doesn't have breakfast.		
4) She likes a pink T-shirt and a yellow skirt.		
5) She drinks milk with cocoa and a glass of orange juice.		
6) She eats biscuits		
7) She doesn't brush her teeth		
8) She goes to school by bus.		
9) She has lunch at school.		
10) She plays tennis.		
11) She watches TV with her family.		
12) She has dinner with her family		
13) She doesn't put on her pyjamas		