

GRAMMAR

First Conditional with *if* and *unless*

You won't know if you don't try!

You **won't know unless** you **try**!

Time clauses with *when* follow a similar pattern.

When I'm back home, I'll watch some slacklining videos.

- 1 ● Choose the correct option.**
- 1 You enjoy / You'll enjoy gymnastics if you try / you'll try it.
 - 2 If you have / you'll have some skiing lessons, you be / you'll be a very good skier.
 - 3 We don't go / won't go for a walk unless the weather is / will be good.
 - 4 You get / You'll get fitter if you join / you'll join a gym.
 - 5 You don't improve / won't improve unless you practise / you'll practise.
- 2 ● Complete the sentences with if or unless.**
- 1 We'll go to the match unless the tickets are too expensive.
 - 2 He won't get strong _____ he doesn't do any exercise.
 - 3 We'll play outside _____ it starts to rain.
 - 4 They won't let you in _____ you have a ticket.
 - 5 They won't cancel the game _____ the weather isn't too bad.
- 3 ● ● Complete the dialogue with the correct form of the verbs in brackets.**
- A: Do you want to come ice skating with me on Saturday?
- B: Er, I haven't got any skates.
- A: I'm sure Jenna ¹will lend (lend) you hers if you ²_____ (ask) her.
- B: But I'm worried I ³_____ (hurt) myself if I ⁴_____ (fall) over.
- A: Don't worry. You ⁵_____ (not get) injured if you ⁶_____ (be) careful.
- B: But sometimes there are loads of people there.
- A: Well, if it ⁷_____ (be) very busy when we get there, we ⁸_____ (wait) until it's quieter. We ⁹_____ (not go) on the ice unless you ¹⁰_____ (feel) it's safe.
- B: OK. Why not? I'll give it a go!

- 4 ● ●** Complete the second sentence so that it means the same as the first sentence. Use no more than three words.
- 1 We won't go climbing unless it's sunny.
We will go climbing if it's sunny.
- 2 I'll pay for lunch if it isn't too expensive.
I'll pay for lunch _____ is too expensive.
- 3 Our holiday won't be any fun if the weather isn't good.
Our holiday will be fun _____ is good.
- 4 You won't become a great slackliner unless you practise every day.
You won't become a great slackliner if _____ practise every day.
- 5 We'll be there at three o'clock if our train is on time.
We'll be there at three o'clock _____ is late.
- 5 ● ● ●** Choose the correct answer.

So, my climbing adventure starts today! I've got my first lesson at the climbing centre in my town. I'm feeling a bit nervous, but I know that the instructors will help me ¹ ____ have any problems. I'll start on the junior climbing wall and I'll have a rope on, so I won't get hurt ² ____ fall. There are three higher walls, but the instructors probably won't let me climb them ³ ____ think I'm ready. My aunt does loads of climbing and she says that ⁴ ____ enjoy it, she'll take me climbing with her in the mountains. But I won't go with her ⁵ ____ feel really confident. Climbing can be a dangerous sport! Well, I must go now. My lesson starts at two, so I have to leave soon.

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|---|------------------------------|---------------|
| 1 | a if I'll
c unless I | (b) if I |
| 2 | a if I
c unless I | b if I'll |
| 3 | a if they won't
c if they | b unless they |
| 4 | a unless I
c if I | b if I'll |
| 5 | a unless I
c if I'll | b if I won't |