

Clothes Exchange

Are you like me and have clothes in your wardrobe that you have hardly ever worn? Perhaps you even have something with the label still attached. Before you put them in a bag and take them to your local charity shop or throw them away, consider another possibility. (1).....

Clothes swaps are becoming very popular as they give people the chance to offer their clothing they don't want in exchange for something they'd like to have for themselves. These parties are great for the environment. (2)..... They also allow you to update what's in your wardrobe and to do it without spending any money at all.

If you're thinking of organising one yourself, it's best to keep the event quite small, just inviting friends and relatives. (3)..... In order to make sure there's something for everyone, and that everyone feels included, invite people who are of a similar size and age. Either that or make sure there'll be a wide range of sizes on offer. Finally, decide on the number of items that everyone should bring before the event.

On the day, each person is given a button for every item they bring. These are used instead of money. You might decide before you start that some high-quality items should be worth more buttons than a much cheaper item. (4).....

Make sure items are presented nicely, not thrown on a table in a pile. The idea is to make the whole experience feel professional, almost as enjoyable as looking round your local clothes shop.

Allow 15 minutes at the beginning for people to look at what is on offer. (5)..... Make sure nobody tries to take anything before the swap is supposed to start or it may result in an argument!

LIVEWORKSHEETS