Unit 2

HEALTH

Week 2

Exercise 1: Listen and choose the best option to complete the sentence. (Track 03)

1. What are doctors in Britain worried about?

A. health of teenagers B. health of the older

C.health of children D. health of the doctors themselves

2. What do teenagers not eat much?

A. chips B. crisps

C. fast food D. vegetable

3. Why do teenagers not eat good food?

A. they do not like It B. it is expensive

C. it is unhealthy D. it is dirty

4. Where did fast food originate?

A. England B. Australia

C. America D. Vietnam

5. What is not one of the fast food brands?

A. McDonald's B. Pizza Hut

C. Tom and Jerry D. Burger King

6. What is not a type of fast food?

A. hamburgers B. apples

C. fries D. sandwiches

7. Why is fast food unhealthy?

A.it does not contain salt and fat

B.it is made dirtily

C. it does not contain vitamins and minerals

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D.it has too much vitamins and minerals

8. Why do teenagers need a good diet?

A. to live healthily B. to live longer

C.to live better D. all of the above are correct

Exercise 2: Listen and decide if each statement is true or false or not given. (Track 04)

No.	Statements	T	F	NG
1.	Sheila is a student.	☐	☐	☐
2.	Sheila takes a bath after school.	☐	☐	☐
3.	Sheila has vegetables and meat for lunch.	☐	☐	☐
4.	Sheila does not like juice, but she likes mineral water.	☐	☐	☐
5.	Sheila plays tennis In the afternoon.	☐	☐	☐
6.	Sheila does not do any sport activities.	☐	☐	☐
7.	Sheila eats many fruits.	☐	☐	☐
8.	Sheila usually goes to bed after 11 p.m.	☐	☐	☐

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