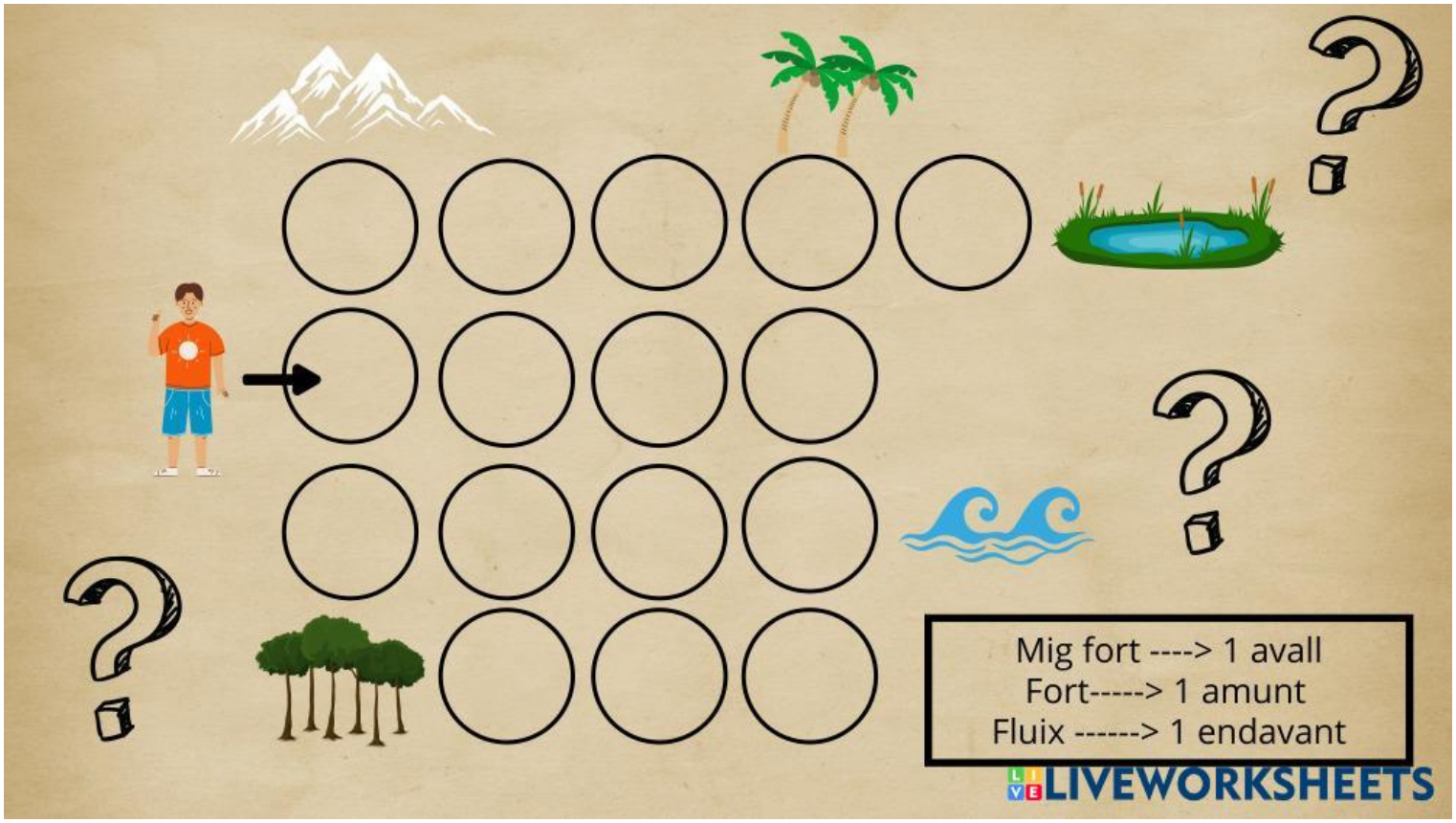
Mig fort ----> 1 avall
Fort-----> 1 amunt
Fluix ------> 1 endavant
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