

3

Vocabulary Bank

Feelings & Emotions

1 Fill in the gaps with the words below:

- thrilled • frightened • happy • surprised
- sad • tired • bored • nervous



1 He feels



2 He feels



3 He feels



4 He feels



5 He feels



6 He feels



7 He feels



8 He feels

2 Circle the correct word.

- 1 Tom is **bored** / **thrilled** with his new clothes – he really likes them.
- 2 Mary feels very **tired** / **surprised** because she can't sleep well.
- 3 Jeff is **frightened** / **sad** because he can't go to the basketball game.
- 4 Daniel is **happy** / **nervous** because it's his birthday tomorrow.
- 5 My sister is **tired** / **frightened** of the dark and she sleeps with the light on.
- 6 Helen feels **bored** / **nervous** about her Maths exam tomorrow.

3 Write P (positive), N (negative) or B (both) next to the adjectives below. Then, fill in the gaps.

| | |
|--------------------|------------------|
| 1 surprised | 5 thrilled |
| 2 frightened | 6 tired |
| 3 happy | 7 nervous |
| 4 sad | 8 bored |

A He can't find his cat. He feels

B There's nothing to do. I feel

C She screams when she sees a spider. She feels

4 Find the feelings in the puzzle below: *tired, sad, nervous, happy, thrilled, surprised*.

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| V | O | I | A | B | O | C | H | V | L |
| N | T | H | R | I | L | L | E | D | B |
| B | S | U | R | P | R | I | S | E | D |
| N | E | R | V | O | U | S | H | V | T |
| I | V | R | Z | L | G | L | V | T | R |
| T | I | R | E | D | P | S | S | V | U |
| B | R | I | J | R | J | Y | A | U | R |
| T | F | F | U | H | M | Q | D | A | V |
| M | R | V | Y | Y | G | T | S | X | I |
| L | S | D | H | A | P | P | Y | M | K |

5 Complete these sentences about yourself.

- 1 I feel bored when
- 2 I feel frightened when
- 3 I am happy when
- 4 I am thrilled when
- 5 I feel nervous when