

Grammar adverbs of frequency

6  Listen again and complete the sentences with these adverbs of frequency.

always	never	rarely
often	sometimes	usually

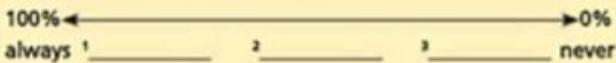
- 1 Norbert's photos are _____ in *National Geographic* magazine.
- 2 He goes to the Arctic once a year and he _____ goes in the summer.
- 3 He's _____ there for a few weeks.
- 4 He _____ goes by snowmobile and by boat.
- 5 He _____ sleeps at night, so he sleeps for part of the day.
- 6 He's _____ bored.

7 Work in pairs. Look at the sentences in Exercise 6 and answer these questions.

- 1 Do adverbs of frequency come before or after the verb *to be*?
- 2 Do they come before or after other verbs?

8 Look at the grammar box. Complete the scale with *usually*, *often*, and *sometimes*.

► ADVERBS OF FREQUENCY



I sometimes go swimming on the weekend.

I often watch TV.

I usually play video games in the evening.

For more information and practice, see page 164.

9 Add an adverb of frequency to the sentences so they are true for you. Then work in pairs and tell your partner.

- 1 I work eight hours a day.

- 2 I'm late for school.

- 3 I have a long lunch break.

- 4 I leave home early in the morning.

- 5 I travel to other countries for my vacations.

- 6 I play video games late at night.

Grammar expressions of frequency

► EXPRESSIONS OF FREQUENCY

A: *How often does Norbert go to the Arctic?*
B: *He goes once a year.*
A: *How often do you see polar bears in the Arctic?*
B: *Between August and November, you can see polar bears every day.*

For more information and practice, see page 164.

10 Work in pairs. Look at the grammar box. Read the questions and answers, and answer these questions (1–2).

- 1 What two words start a question about frequency?
- 2 Where do expressions of frequency (e.g., *once a year*) usually go in a sentence?

11 Write *How often* questions and answers for the conversations. Use the information in the parentheses in your answers.

- 1 A: *How often do you go to the gym?* ?
B: I go to the gym three times a week.
- 2 A: _____ ?
B: My family goes on vacation once a year.
- 3 A: How often do you drink coffee? (every morning)
B: _____ .
- 4 A: How often do you go to the movies? (twice a month)
B: _____ .
- 5 A: _____ ?
B: She has English class every week.

Speaking

myLife

12 Choose one topic below and prepare five questions with *How often*.

- sports and exercise
- work and travel
- vacations and free time
- evenings and weekends

13 Work in groups. Take turns asking and answering your questions.