Grammar adverbs of frequency

6 41 Listen again and complete the sentences with these adverbs of frequency.

always	never	rarely
often	sometimes	usually

1 Norbert's photos are _____ in *National Geographic* magazine.
2 He goes to the Arctic once a year and he _____ goes in the summer.
3 He's _____ there for a few weeks.
4 He _____ goes by snowmobile and by boat.
5 He _____ sleeps at night, so he sleeps for part of the day.
6 He's _____ bored.

7 Work in pairs. Look at the sentences in Exercise 6 and answer these questions.

1 Do adverbs of frequency come before or after the verb *to be*?
2 Do they come before or after other verbs?

8 Look at the grammar box. Complete the scale with *usually*, *often*, and *sometimes*.

ADVERBS OF FREQUENCY

100% ◄——————————————► 0%
always ¹_____ ²_____ ³_____ never

I sometimes go swimming on the weekend.
I often watch TV.
I usually play video games in the evening.

For more information and practice, see page 164.

9 Add an adverb of frequency to the sentences so they are true for you. Then work in pairs and tell your partner.

1 I work eight hours a day.
_____
2 I'm late for school.
_____
3 I have a long lunch break.
_____
4 I leave home early in the morning.
_____
5 I travel to other countries for my vacations.
_____
6 I play video games late at night.
_____

Grammar expressions of frequency

EXPRESSIONS OF FREQUENCY

*A: **How often** does Norbert go to the Arctic?*
*B: He goes **once a year**.*
*A: **How often** do you see polar bears in the Arctic?*
*B: Between August and November, you can see polar bears **every day**.*

For more information and practice, see page 164.

10 Work in pairs. Look at the grammar box. Read the questions and answers, and answer these questions (1–2).

1 What two words start a question about frequency?
2 Where do expressions of frequency (e.g., *once a year*) usually go in a sentence?

11 Write *How often* questions and answers for the conversations. Use the information in the parentheses in your answers.

1 A: *How often do you go to the gym?* _____?
B: I go to the gym three times a week.
2 A: _____?
B: My family goes on vacation once a year.
3 A: How often do you drink coffee? (every morning)
B: _____.
4 A: How often do you go to the movies? (twice a month)
B: _____.
5 A: _____?
B: She has English class every week.

Speaking myLife

12 Choose one topic below and prepare five questions with *How often*.

- sports and exercise
- work and travel
- vacations and free time
- evenings and weekends

13 Work in groups. Take turns asking and answering your questions.

LIVEWORKSHEETS