FL1130 Unit 5 (Unlock 3, 2nd ed.) – Reading 2, Exam-Style Questions

Main Idea

Read the essay on page 111 again in your Reading/Writing textbook. Choose the best main idea for each paragraph.

Paragraph 1:

a. Obesity is a major health issue, and there is a debate about who has to fix it.
b. Obesity causes many major health problems, and it's difficult to deal with.
c. Obesity rates in adults increased by 300% between 1975 and 2016.

Paragraph 2:

a. Individuals can control the size of the portions they eat to reduce obesity rates.
b. Individuals can reduce obesity by eating less, having a healthy diet, and reading food labels.
c. Individuals can read food labels for health information in order to lose weight.

Paragraph 3:

a. Governments can require health information on food packaging and in restaurants.
b. Governments can make a tax on unhealthy food so people won't buy it.
c. Governments can reduce obesity by making laws, taxes and educational campaigns.

Paragraph 4:

a. Governments should make new laws and educational campaigns to help individuals lose weight.
b. Governments and individuals should both take steps to solve the obesity crisis.
c. Individuals should take the government's advice by choosing healthy food and reducing portions.

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Short Answer

Read the essay again. Answer the questions with short answers. Use NO MORE THAN THREE (3) WORDS for each answer. Spelling must be correct.

1) What percentage of men and women were considered obese in 2016?

_____

2) In Western countries, how much protein should you eat to have a healthy diet?

_____

3) What is the main thing that burns calories?

_____

4) Where should restaurants list nutritional information?

_____

5) Who must act to end obesity?

_____

Pronoun Referencing

Write the nouns that each of the words below refers to. Use NO MORE THAN THREE (3) WORDS for each answer. Spelling must be correct.

In paragraph 1, line 11, "it" refers to _____

In paragraph 3, line 5, "they" refers to _____

In paragraph 3, line 13, "they" refers to _____

In paragraph 3, line 24, "that" refers to _____

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