

**2** Complete the health phrases with the words in the box.

a race a rest fit healthy some exercise  
some exercises in a gym well

- 1 enter / do a race
- 2 get / do \_\_\_\_\_
- 3 feel / stay \_\_\_\_\_
- 4 have / take \_\_\_\_\_
- 5 do / try \_\_\_\_\_
- 6 eat / sleep \_\_\_\_\_
- 7 get / keep \_\_\_\_\_

**5**

**3** Underline and correct the mistake in each sentence.  
Use the words in the box. There is one extra word.

do do enter have make keep sleep stay

- 1 I need to stay some exercise. do
- 2 What do you do to sleep fit? \_\_\_\_\_
- 3 I want to have some exercises in a gym. \_\_\_\_\_
- 4 I hurt my leg, so I didn't go the race. \_\_\_\_\_
- 5 Did you stay well last night? \_\_\_\_\_
- 6 It's important to make healthy. \_\_\_\_\_
- 7 I'd like to go a rest, but I can't. \_\_\_\_\_

**4** Put the words in the correct order to make sentences.

1 you / did / your / hurt / arm?

*Did you hurt your arm?* \_\_\_\_\_

2 didn't / I / sleep / last / well / night.

3 He / wants / to / fit. / get

4 It's / eat / important / well. / to

5 I'm / rest. / I / tired; / a / need / to / have

6 stay / do / How / healthy? / you

7 She / went / her leg / to hospital. / hurt / and

8 you / Have / stomach / a / got / ache?

9 feel / healthy. / very / don't / I

10 exercise. / some / get / You / should