

**2** Complete the health phrases with the words in the box.

a race	a rest	fit	healthy	some exercise
some exercises in a gym	well			

- |   |             |               |
|---|-------------|---------------|
| 1 | enter / do  | <u>a race</u> |
| 2 | get / do    | _____         |
| 3 | feel / stay | _____         |
| 4 | have / take | _____         |
| 5 | do / try    | _____         |
| 6 | eat / sleep | _____         |
| 7 | get / keep  | _____         |

**5**

**3** Underline and correct the mistake in each sentence.  
Use the words in the box. There is one extra word.

<del>do</del>	do	enter	have	make	keep	sleep	stay
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- |   |   |           |
|---|---|-----------|
| 1 | I need to <u>stay</u> some exercise.    | <u>do</u> |
| 2 | What do you do to sleep fit?            | _____     |
| 3 | I want to have some exercises in a gym. | _____     |
| 4 | I hurt my leg, so I didn't go the race. | _____     |
| 5 | Did you stay well last night?           | _____     |
| 6 | It's important to make healthy.         | _____     |
| 7 | I'd like to go a rest, but I can't.     | _____     |

**4** Put the words in the correct order to make sentences.

1 you / did / your / hurt / arm?

*Did you hurt your arm?*

2 didn't / I / sleep / last / well / night.

3 He / wants / to / fit. / get

4 It's / eat / important / well. / to

5 I'm / rest. / I / tired; / a / need / to / have

6 stay / do / How / healthy? / you

7 She / went / her leg / to hospital. / hurt / and

8 you / Have / stomach / a / got / ache?

9 feel / healthy. / very / don't / I

10 exercise. / some / get / You / should