

Phrasal Verbs About Eating And Cooking



Connect each of the phrasal verbs below with the correct definition.

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|---------------------|---|
| 1) bite off | a) to eat all of something |
| 2) boil over | b) to start eating |
| 3) chop up | c) to quickly make a meal or something to eat |
| 4) cut out | d) to eat food slowly, taking small amounts or bites because you are not hungry |
| 5) cut back on | e) to remove with one's teeth |
| 6) eat up | f) to raise the temperature |
| 7) bolt (wolf) down | g) to fry |
| 8) Guzzle down | h) stop eating completely due to health problems or a diet |
| 9) knock up | i) to rapidly cut into pieces using a downwards hitting action |
| 10) fry up | j) to carefully or slowly cut a small section from a larger piece |
| 11) pig out (on) | k) to increase the power of something |
| 12) pick at | l) to drink a large quantity of something quickly |
| 13) slice off | m) to quickly make or prepare |
| 14) thaw out | n) to reduce, but not to eliminate completely |
| 15) tuck in | o) to defrost, stop being frozen |
| 16) turn up | p) to eat something rapidly, very fast |
| 17) warm up | q) to heat a liquid to the point that it overflows the pan |
| 18) whip up | r) to eat too much of something |

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Insert the phrasal verbs that fit best into the gaps in the sentences below.

1. I've been advised to _____ sugar **OUT** of my diet so no more sweets, sugar, cakes or honey.
2. She _____ **UP** a delicious lunch for us in 15 minutes.
3. We took the meat out of the freezer and left it to _____ **OUT** for 8 hours before we made dinner.
4. _____ **UP!** We've got to go out soon.
5. She _____ **OFF** a piece of apple and sat there chewing it while she read her book.
6. The chef _____ **UP** some onion and put the pieces in a bowl for later.
7. I have some soup in the fridge. I can put it in the microwave to _____ it **UP** if you want.
8. They only had 15 minutes but it was enough time to _____ **UP** a quick sandwich.
9. When the kids came home they were so hungry, that they literally _____ **DOWN** all sandwiches.
10. It's good to _____ **UP** a few slices of bacon and add them to your toast.
11. She was so thirsty that she _____ **DOWN** a whole litre of cola without stopping for breath and then burped loudly.
12. He put the food on the table and told everybody to _____ **IN**, which they did straight away.
13. She left the saucepan on the hob and the milk started to _____ **OVER** before she realised and _____ it **DOWN**.
14. She sat at the table in silence, _____ **AT** her dinner. Mark wondered if she didn't like him or the food he had made.
15. I don't think it's good to eliminate meat from your diet. Perhaps you should just _____ **ON** in a bit.
16. We were feeling a little depressed so we _____ **OUT** on pizza and ice cream. We felt terrible once we had finished eating.
17. The barman _____ **OFF** several portions of ham and served it all with a wonderful red wine from the north of the country.