

## Phrasal Verbs About Eating And Cooking



Connect each of the phrasal verbs below with the correct definition.

- |                     |   |
|---------------------|---|
| 1) bite off         | a) to eat all of something  |
| 2) boil over        | b) to start eating  |
| 3) chop up          | c) to quickly make a meal or something to eat                                   |
| 4) cut out          | d) to eat food slowly, taking small amounts or bites because you are not hungry |
| 5) cut back on      | e) to remove with one's teeth   |
| 6) eat up           | f) to raise the temperature   |
| 7) bolt (wolf) down | g) to fry   |
| 8) guzzle down      | h) stop eating completely due to health problems or a diet                      |
| 9) knock up         | i) to rapidly cut into pieces using a downwards hitting action                  |
| 10) fry up          | j) to carefully or slowly cut a small section from a larger piece               |
| 11) pig out (on)    | k) to increase the power of something   |
| 12) pick at         | l) to drink a large quantity of something quickly                               |
| 13) slice off       | m) to quickly make or prepare   |
| 14) thaw out        | n) to reduce, but not to eliminate completely                                   |
| 15) tuck in         | o) to defrost, stop being frozen  |
| 16) turn up         | p) to eat something rapidly, very fast  |
| 17) warm up         | q) to heat a liquid to the point that it overflows the pan                      |
| 18) whip up         | r) to eat too much of something   |

bite off   boil over   chop up   cut out   bolt (wolf) down   eat up   fry up   guzzle down   knock up  
pick at   pig out   whip up   slice off   thaw out   tuck in   turn up   warm up   cut back on

Insert the phrasal verbs that fit best into the gaps in the sentences below.

1. I've been advised to \_\_\_\_\_ sugar **OUT** of my diet so no more sweets, sugar, cakes or honey.
2. She \_\_\_\_\_ **UP** a delicious lunch for us in 15 minutes.
3. We took the meat out of the freezer and left it to \_\_\_\_\_ **OUT** for 8 hours before we made dinner.
4. \_\_\_\_\_ **UP**! We've got to go out soon.
5. She \_\_\_\_\_ **OFF** a piece of apple and sat there chewing it while she read her book.
6. The chef \_\_\_\_\_ **UP** some onion and put the pieces in a bowl for later.
7. I have some soup in the fridge. I can put it in the microwave to \_\_\_\_\_ it **UP** if you want.
8. They only had 15 minutes but it was enough time to \_\_\_\_\_ **UP** a quick sandwich.
9. When the kids came home they were so hungry, that they literally \_\_\_\_\_ **DOWN** all sandwiches.
10. It's good to \_\_\_\_\_ **UP** a few slices of bacon and add them to your toast.
11. She was so thirsty that she \_\_\_\_\_ **DOWN** a whole litre of cola without stopping for breath and then burped loudly.
12. He put the food on the table and told everybody to \_\_\_\_\_ **IN**, which they did straight away.
13. She left the saucepan on the hob and the milk started to \_\_\_\_\_ **OVER** before she realised and \_\_\_\_\_ it **DOWN**.
14. She sat at the table in silence, \_\_\_\_\_ **AT** her dinner. Mark wondered if she didn't like him or the food he had made.
15. I don't think it's good to eliminate meat from your diet. Perhaps you should just \_\_\_\_\_ **ON** in a bit.
16. We were feeling a little depressed so we \_\_\_\_\_ **OUT** on pizza and ice cream. We felt terrible once we had finished eating.
17. The barman \_\_\_\_\_ **OFF** several portions of ham and served it all with a wonderful red wine from the north of the country.