

EXERCISE 1**Complete the sentences.**

- 0 Eat a good breakfast. It's better for you.
- 1 They like playing basketball. It's good for _____.
- 2 I like drinking milk. It's good for _____.
- 3 She doesn't like eating ice cream. It isn't good for _____.
- 4 We don't like eating a lot of chocolate. It isn't good for _____.
- 5 He likes walking to school. It's good for _____.
- 6 I don't like playing table tennis. I'm not very good at _____.

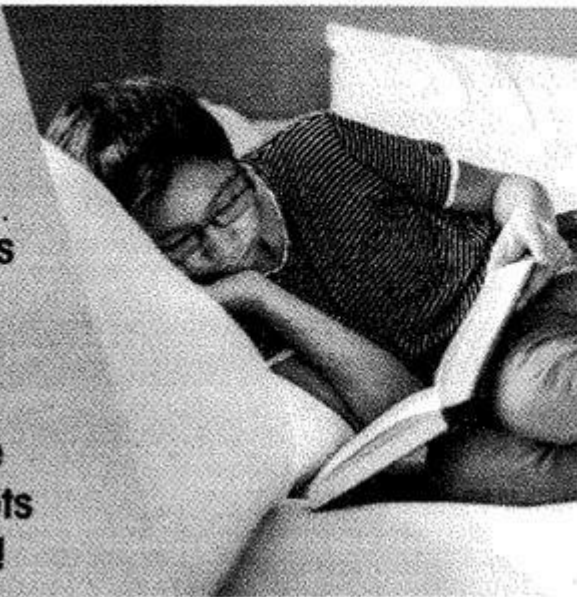
EXERCISE 2**Choose the correct words to complete the sentences.**

- 1 I like eating biscuits but they aren't good for *me / him*.
- 2 I play tennis with my friends. It's good for *her / us*.
- 3 I play the guitar but I'm not very good at *him / it*.
- 4 My sister eats vegetables. They're good for *him / her*.
- 5 My brother sleeps for eight hours every night. It's good for *him / her*.
- 6 My parents like running. It's good for *them / her*.

EXERCISE 3

Read the text. What is it about?

Hello! My name is Luca and I like doing lots of things in my free time. I like reading books and swimming. I read every day and I swim five days a week. I like watching music videos, but I don't like playing computer games. I don't like cooking, but I like eating. I like eating chocolate, but eating lots of chocolate isn't good for me!



Read the text again. Write *Yes, he does* or *No, he doesn't*.

- 1 Does Luca like reading books?
.....
- 2 Does he like swimming?
.....
- 3 Does he like watching music videos?
.....
- 4 Does he like playing computer games?
.....
- 5 Does he like cooking?
.....
- 6 Does he like eating chocolate?
.....