



1

DAILY ACTIVITIES

Question: *Can you tell a classmate about your daily activities?*



- Complete the 15 sentences with the words on the left.



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| <p>A afternoon <i>n.</i> alarm clock <i>n.</i></p> <p>B breakfast <i>n.</i> brush my teeth <i>v.</i></p> <p>D dinner <i>n.</i> do exercise <i>v.</i> do homework <i>v.</i> do housework <i>v.</i></p> <p>G get dressed <i>v.</i> get up <i>v.</i> go to bed <i>v.</i></p> <p>L lunch <i>n.</i></p> <p>R relax <i>v.</i></p> <p>T take a bus <i>v.</i> take a shower <i>v.</i></p> | <ol style="list-style-type: none"> 1. My <u>alarm clock</u> always wakes me up at six o'clock every morning. 2. I wake up at six, but I _____ at six-thirty. 3. Then, I go to the bathroom to get washed and _____. Healthy teeth are important! 4. After that, I _____. I like to wear a tie. 5. Then, I usually have a big _____. I like to have some coffee, toast, and fruit. 6. I always _____ to my office. 7. At noon, I have _____ with my co-workers. We eat at a restaurant near our company. 8. In the _____ I take a bus to go back home. I get back home at about five o'clock. 9. After I get home, I often _____. I like to go jogging. Sometimes I do sit-ups. 10. After that, I _____ so that I can feel clean and fresh. 11. Then, I often help my wife _____. For example, I sweep the floor and throw away the garbage. 12. I like to help my kids _____ their _____. Sometimes my son needs help with his math. 13. I have _____ with my family in the dining room. 14. In the evening, we _____ and watch TV. 15. I _____ between ten and ten-thirty. |
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2. Word Order

1. **always** / the / Sunday / make / on / they / breakfast
2. friends / plays / the / with / she / her / in / **often** / park
3. bed / makes / he / his / **never**
4. **sometimes** / on / play / we / Sunday / cards
5. **Hardly ever** / the / watch / they / TV / afternoon / in

6. o'clock / **always** / up / I / at / get / seven
7. have / lunch / fish / **seldom** / for / we
8. **rarely** / bus / work / by / to / go / they
9. reads / sister / the / my / newspaper / **often**
10. weekends / **usually** / boys / football / the / at / play

3. Complete the sentences using the present simple affirmative, negative or interrogative:

1. I(be) in a café now.
2.(she / play) tennis every week?
3. They(go) to the cinema every Wednesday.
4.(she / be) a singer?
5. You(find) the weather here cold.
6. (they / be) on the bus?
7. Lucy (ride) her bicycle to work.
8. Why(he / be) in France?
9. I(not / play) the piano often.
10. It(not / be) cold today.
11. We (be) from Portugal.
12.(we / make) too much noise at night?
13. Where(Harry / study)?
14. (it / be) foggy today?
15. We (not / be) late.
16. They (not / like) animals.
17. Where(you / be)?
18. He(not / be) an accountant.
19.(the dog / eat) chicken?
20. She (be) my sister.

4. Complete the questions to match these answers.

- 0 I live in London.
Where do you live?
- 1 I get up at 7 o'clock.
What time _____?
- 2 I watch TV in the morning and in the evening.
When _____?
- 3 My best friend Paolo comes from Italy.
Where _____?
- 4 No, my sister doesn't go to school by bus.
Does _____?
- 5 I have a party every six months.
When _____?
- 6 No, I can't stand doing housework.
Do _____?
- 7 I practise the guitar for three hours a day.
How often _____?

LISTENING



1 06 Listen to a radio programme. Match speakers 1–5 with activities a–h. There are three extra activities.

- 1 __ Maggie
2 __ Hilary
3 __ Findlay
4 __ Iliana
5 __ Simon
- a *go for a walk*
b *go to the cinema*
c *play sport*
d *listen to music*
e *chat with friends online*
f *play video games*
g *play with the dog*
h *spend time with family*



2 06 Listen again and complete the sentences.

- 1 If you've got the Sunday Blues, you are _____ on Sunday.
- 2 When I message my friends on social media, I feel happy and _____.
- 3 When I play video games, I feel very _____.

4 When I feel _____ on Sunday, I see my friends.

5 We all _____ watching TV on Sunday evening.

DICTION



3 07 Listen. Then listen again and write what you hear during each pause.
