

I Pronunciation

Read the conversations. Circle the common pronunciation of the underlined auxiliary verbs. Then practise reading them.

Mark: (1) <u>Do</u> you exercise regularly, Nam?	A. /du:/	B. /də/
Nam: Yes, I (2) <u>do</u> .	A. /du:/	B. /də/
Mai: (3) <u>Does</u> she have a balanced diet?	A. /dʌz/	B. /dɛz/
Phong: Yes, she (4) <u>does</u> .	A. /dʌz/	B. /dɛz/
Mark: (5) <u>Can</u> I take antibiotics?	A. /kən/	B. /kæən/
Doctor: Yes, you (6) <u>can</u> .	A. /kən/	B. /kæən/
Mai: (7) <u>Has</u> she seen a doctor recently?	A. /hæz/	B. /hæz/
Mark: Yes, she (8) <u>has</u> .	A. /hæz/	B. /hæz/

II Vocabulary

1 Complete the sentences using the words in the box. You can use each word **ONCE** only.

bacteria	disease	energy	fitness
muscles	tuberculosis	viruses	strength

- _____ used to kill a lot of people in the past. Now this disease can be cured.
- My sister likes to do a lot of things and is always full of _____.
- He started a special exercise routine to improve his _____ after the operation.
- Seasonal vaccines are used to protect against different flu _____.
- My leg _____ hurt for a week after the run.
- She has a lung _____ and was taken to hospital for treatment.
- There are many helpful _____ living in our body.
- Swimming is a great way to improve your overall health and _____.

2 Choose the best answer to complete each sentence.

1. Antibiotics/Vaccines are used to treat infections caused by bacteria.
2. Having a balanced/regular diet is very important for a long and healthy life.
3. If you think you may have food poison/poisoning, contact your doctor immediately.
4. Eating a variety of food will provide different nutrients/treatments for your body.
5. Doing star jumps/star kicks is a good way to build leg muscles/energy.
6. Researchers continue to develop new treatments/ingredients for cancer.
7. Regular/Balanced exercise is more important for health than diet.
8. Bacteria are living organisations/organisms.

3 Choose the best answers to complete the sentences.

1. You should cut _____ the amount of unhealthy fat you take in daily.
A. on B. away C. down on D. on down
2. Have you been _____ by the doctor yet?
A. fixed B. examined C. investigated D. repaired
3. Life _____ for smokers is shorter than for people who don't smoke.
A. strength B. expectation C. expectancy D. routine
4. I like working _____ in the gym.
A. up B. on C. over D. out
5. Many young people suffer _____ mental health problems.
A. from B. of C. with D. by
6. Scientists are trying to prevent the _____ of the disease.
A. movement B. flow C. running D. spread
7. Chest pain is a sign that your heart is not working _____.
A. physically B. regularly C. properly D. healthily
8. Check the _____ of all food products to understand what you are eating.
A. energy B. parts C. menus D. ingredients

III Grammar

1 Choose the best answers to complete the sentences.

1. Many of the diseases that can be cured today _____ likely to cause death in the past.
A. are B. were C. have been D. will be
2. My father _____ late at work this month. He feels exhausted.
A. is staying B. stayed C. has stayed D. will stay

3. My father _____ late at work last month. He felt exhausted.
 A. stay B. stayed C. has stayed D. will stay
4. The doctors have discussed his treatment _____ hours, but haven't made a final decision.
 A. for B. in C. since D. ago
5. Life expectancy _____ greatly over the past 200 years.
 A. will increase B. increases C. increased D. has increased
6. I have received treatment for my health problem _____.
 A. just B. ago C. since D. recently
7. I haven't heard from him _____. Is he getting better?
 A. just B. ever C. last month D. so far
8. How long _____ a headache? I think you should see a doctor.
 A. have you had B. did you have C. will you have D. do you have

2 Complete the sentences using the correct forms of the verbs in brackets.

1. _____ scientists (discover) _____ a new cancer drug yet?
2. They (not find) _____ a cure for cancer yet.
3. After he (take) _____ antibiotics for five days, his sore throat (get) _____ better. Now it doesn't hurt when he speaks or eats.
4. Nam (build) _____ muscles since he (start) _____ working out at the gym. He looks really fit now.
5. I (buy) _____ all the ingredients. Can you help me cook the dish now?
6. The virus (spread) _____ very quickly in the last few weeks, and we need to control it now.

3 There is a mistake in each item (1-8) below. Find the mistake and correct it.

1. Last weekend, my parents have picked wild mushrooms in the forest.
2. Tom worked very hard since he moved to the city.
3. You've worked without a break in 12 hours, Tom. You need to rest.
4. Regular exercise had helped her sleep better. She doesn't feel tired in class now.
5. My grandpa is always full of energy and never suffered from heart problems.
6. Quynh was taken to hospital after a car accident. Did you visit her yet?
7. Is she in hospital? I haven't known that. I'll see her tomorrow.
8. You look worried. Did you just break Dad's heart?