

1. Reading comprehension

Tomatoes

The tomato is from South America. When the tomato came to Europe, people did not eat it. Doctors said it would make them sick. So people just grew tomatoes because they looked nice.

Now people from all over the world eat tomatoes. Tomatoes are used in sauce, soup, juice, salsa, and ketchup. The tomato is very good for you. Only a tomato leaf or stem will make you sick.

People do odd things with tomatoes. People grow tomatoes in space. There is a big tomato fight every year in Spain. A long time ago, people would toss a bad tomato when they saw a show they did not like.

In Canada, many tomatoes are grown on big farms. The farms bring in poor people from far away to help grow tomatoes. Without these workers, the farms could not run. But the workers do not get much money. Canada does not let the workers stay here. Many people say this is not fair.

Most farms pick tomatoes before they are ripe. They last longer this way. But these tomatoes do not taste as good. So lots of people grow their own tomatoes.

Grow Your Own Tomatoes

Tomatoes that you grow are better than tomatoes that you buy. You can grow tomatoes inside if you do not have a garden.

You need: Tomato seeds. A big pot (50 cm deep) Potting soil (many big food shops sell this)

A window

Fill the pot with potting soil. Pack the soil down a little bit. Put a seed on top of the soil. Add a bit more soil on top. Add water. The soil must always be a bit wet. Seeds like to be warm. Put your pot in a warm place. It does not need sun yet. The plant will grow above the soil. Put the plant by a window. The plant needs four hours of sun a day. You can tie the stem to a stick to help the plant stay up. Always keep the soil a bit wet.

Pick the tomatoes when they are the same red colour top to bottom. Enjoy!