TEST "HEALTHY PEOPLE ARE HAPPY PEOPLE".

1.Write the words.

1) f,e,r,v,e-
2) o,c,g,u,t-
3) t,h,y,h,e,a,l-
4) t,t,o,o,h,h,c,e-
5) h,a,d,e,c,h,a,e-

2. Write the words into two columns.

Vegetables, fruit, pizza, cola, cake, milk, fish, meat, sweets, yoghurt, rice, salad, ice cream, coffee, hamburger, soup.

_____HEALTHY FOOD UNHEALTHY FOOD_____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

3. Read and choose the correct item.

1.You should/shouldn't brush your teeth in the morning.

2. You should/shouldn't play computer games a lot.

3. You should/shouldn't eat healthy food.

4. You should/shouldn't sleep well.

5. You should/shouldn't not wash hands before meals.

6. You should/shouldn't not do morning exercises.

4. Unscramble the dialogue.

-- I have got a high temperature and a cough.

--It's a bad cold. You should stay in bed. You should drink tea with lemon.

-- What's the matter?

--Thank you, doctor.

--Let's take your temperature and listen to your chest.

LIVEWORKSHEETS

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