

TEST “HEALTHY PEOPLE ARE HAPPY PEOPLE”.

1. Write the words.

- 1) f,e,r,v,e-
- 2) o,c,g,u,t-
- 3) t,h,y,h,e,a,l-
- 4) t,t,o,o,h,h,c,e-
- 5) h,a,d,e,c,h,a,e-

2. Write the words into two columns.

Vegetables, fruit, pizza, cola, cake, milk, fish, meat, sweets, yoghurt, rice, salad, ice cream, coffee, hamburger, soup.

HEALTHY FOOD	UNHEALTHY FOOD
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

3. Read and choose the correct item.

- 1. You should/shouldn't brush your teeth in the morning.
- 2. You should/shouldn't play computer games a lot.
- 3. You should/shouldn't eat healthy food.
- 4. You should/shouldn't sleep well.
- 5. You should/shouldn't not wash hands before meals.
- 6. You should/shouldn't not do morning exercises.

4. Unscramble the dialogue.

- I have got a high temperature and a cough.
- It's a bad cold. You should stay in bed. You should drink tea with lemon.
- What's the matter?
- Thank you, doctor.
- Let's take your temperature and listen to your chest.

