BEFORE READING

Write the words in the right category.
Escribe las palabras en la categoría correcta

rice mashed lunch pork breakfast miss fried share dinner beef baked

FOOD	MEALS	PREPARATIONS	ACTIONS
			##########

LIVEWORKSHEETS

3 13 **Strategy** Read this text about meals around the world, check your predictions in exercise 2. Then, read the text again as you stop to answer the questions a - c.

Meals around the world

1 People eat a variety of food at different moments of the day. Each country has its own main meal. Breakfast is usually the most important meal in many countries, but dinner is also the perfect moment to be with family and friends. However, in countries like Russia and Chile, lunch is the main meal of the day.

2 Meat and potatoes of various styles dominate dinner plates in the USA. Some other good examples are burgers and French fries, fried chicken with mash potatoes or steak with baked potatoes.

3 Some countries have a national dish which tourists cannot miss! Brazil's typical dish is *Feijoada*- a stew made with pork and beef, served with rice. In other countries, there is a mixture of flavors. For example, the food in Jamaica mixes ingredients from Spain, the UK, Africa, India and China.

4 It does not matter if it is breakfast, lunch or dinner; a good meal is always a good moment to celebrate and share.

a. Is lunch the main meal in all countries around the world?

b. What's a good example of meal preparations in the USA?

c. What do you think the phrase "a mixture of flavors" means?

4 Read the text again. Match the paragraphs to each topic shown in the pictures below.


a ☐



b ☐


c ☐



d ☐

AFTER READING

5 Decide if these statements are true (T) or false (F).

a. ____ Dinner is the only meal in which you can share with your family.

b. ____ In the USA potatoes are usually fried, mashed or baked.

c. ____ People in Jamaica only eat food from their own country.

d. ____ *Feijoada* is prepared with pork, beef and rice.

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