B) Read the following article and answer the questions.

Are Carrots Good For You?

As children, our parents often told us to finish our vegetables: "Eat your carrots. They're good for your eyes." But is it true that carrots improve our eyesight*, and do they help us see better at night?

The answer is yes and no. According to experts, carrots are a good source of vitamins and can improve our sight at night. However, they won't help us see better when it is completely dark. So where does this belief come from?

During World War II, the British came up with new technology. Their pilots began using radar to locate German planes. At the time, Britain wanted this new invention to remain a secret, so they explained to the world that the pilots could see better – especially at night – because they ate lots of carrots.



* eyesight بصر / ראייה

Questions

1. Why do parents tell their children to eat carrots?

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2. Do carrots improve our sight at night?

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3. Complete the sentences.

a. Carrots can help us see better ----------

b. Carrots won't help us see better ----------

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4. What do we learn about British pilots?

a. They ate lots of carrots.
b. They wanted to improve their eyesight.
c. They used new technology to find German planes.
d. They told the Germans about their new technology.

Good Luck 😊

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