



Aftercare



FACIAL POST TREATMENT RESTRICTIONS –

Do not scrub the skin for _____ days

Do not steam your face at home for _____

No _____ for 24 hours

_____ sunbeds and the direct exposure to the sun

Avoid _____ the face

Suffering from a headache after a facial is _____ . Drink plenty of _____ .

IN THE UNLIKELY EVENT OF AN ALLERGIC REACTION:

FUTURE TREATMENT RECOMMENDATIONS:

RETAIL PRODUCTS TO RECOMMEND:

PRODUCT	HOW TO USE AT HOME
MICELLAR EYE MAKE UP REMOVER	
CLEANSER	
MASK	
EYE GEL	
TONER	
FACIAL CLEANSE BRUSHES	
SPF	

LIFESTYLE RECOMMENDATIONS TO GET THE MOST FROM YOUR TREATMENTS:

- Drink glasses of water a day
- Eat a diet rich in fruit and
- smoking – it the skin and can cause
- Reduce intake
- Use every day, even underneath make-up

