Lesson 7 Writing

Explanation

It's important to **start** a letter with a greeting, and to **end** a letter with a closing.

1 Look at the letter to Dr Orlov on page 63. Answer the questions.

1 How does the letter start? _____

2 How does the letter end? _____

2 Read and complete the letter.

_____

My name is Nadia. Next month, I've got a swimming competition. I want to be very fit. What should I do? Thank you for your help.

_____

_____

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3 **Write Dr Orlov's letter to Nadia.**
Use the plan to help you. Be a star!

Paragraph 1	Say *Thank you*
Paragraph 2	Be active
Paragraph 3	Get enough sleep
Paragraph 4	Eat well

_____,

_____ *for your letter.*

First, it's important to _____. *You need to* _____. *You can* _____.

You also need to _____. *You should* _____.

Finally, it's important to _____ *because* _____. *You must* _____.

_____,

Dr Orlov

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