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Vocabulary

1. Complete the words in the sentences. (one point each)

1. We need a much sharper knife to s_____ through this meat.
2. I didn't want to o_____ this bread in the oven, but now it's hard and impossible to eat.
3. We cooked the sausages on a hot g_____ outside on a barbecue.
4. Whenever I c_____ onions, it looks like I'm crying, but I'm not.
5. We've got a microwave oven, which is useful when we want to h_____ up food quickly.

2. Choose the correct options. (one point each)

Pancakes are easy to make and are delicious, too. You will need some flour, eggs, milk and just a ¹_____ of salt. The first thing to do is mix all the ingredients in a bowl. Then, leave it for 30 minutes. Heat one ²_____ of oil in a pan, and then pour some of the liquid that you mixed into the pan. Don't ³_____ it – the pancake will be ready when you can throw it up into the air! You can ⁴_____ a pancake with almost anything – sugar or lemon juice with honey is my favourite. Make sure you use a ⁵_____ of tissue paper, because the honey and lemon juice can drip everywhere!

1

- a) handful
- b) pinch
- c) piece
- d) spoonful

2

- a) cup
- b) splash
- c) spoonful
- d) packet

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3

- a) overcook
- b) season
- c) fry
- d) grill

4

- a) slice
- b) spread
- c) heat
- d) season

5

- a) handful
- b) piece
- c) chunk
- d) sprinkle

Grammar

3. Complete with *will* or *may* / *might*. (one point each)

1. Can you get that packet of butter out of the fridge for me, please? It _____ be much easier to spread later when it's warm.
2. I _____ not go the party tomorrow, but I haven't made up my mind yet.
3. Linda had a huge roast dinner, so I'm absolutely sure that she _____ not want anything more to eat today.
4. **A:** Would you like me to do anything else, like chop some vegetables?
B: I'm not sure. There _____ be something else we need to do. I'll check the recipe book
5. I think that there's going to be plenty of time to see the film. It _____ be playing in all the cinemas for another month.

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4. Complete with the future perfect or future continuous form of the verbs in brackets. (one point each)

Eric: OK, so let's decide who is going to do what with the food for tonight's party.

¹ _____ (I / prepare) the vegetables while you're at the supermarket, chopping and peeling them.

Carla: Great. I ² _____ (not come back) from the shops before 1 o'clock, but after that, I can help you, if you need.

Eric: Hopefully, ³ _____ (you / buy) all the drinks we need. We still need to roast the meat, as well.

Carla: Well, that's easy. But what ⁴ _____ (we / do) while the meat is in the oven? We could decorate the room.

Eric: Fine. And by the time the guests arrive, ⁵ _____ (we / finish) everything.

Carla: I hope so!

Listening

5. Listen to a podcast. Are the sentences *T* (true), *F* (false) or *DS* (doesn't say)? (one point each)

1. The podcast is about the health benefits of eating pasta. _____

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2. The presenter tells us how to make a meal that probably won't look good. _____
3. She suggests that many of us don't spend enough money on food. _____
4. She thinks parents are responsible for teaching children how to cook. _____
5. She says it's important to learn how to cook as young as possible. _____

6. Listen. Complete the notes. (two points each)

An easy recipe

- The food can be made by heating up a cup of ¹ _____ in a ² _____.
- After putting the pasta in a cup, put the cup in a bowl to protect your hands later.
- Add a little ³ _____, pepper, cheese and butter or ⁴ _____ after the pasta has been cooked.
- The presenter advises making sure you always have a few basic food items like rice and pasta in your cupboard at home.
- Food made at home may be ⁵ _____ and cheaper than ready-made supermarket meals.

Reading

7. Read the text. Put the sentences (a–e) in the correct place in the text (1–5). (two points each)

Should we cut down meat?

According to a recent scientific report, the best way for individuals to help the planet is to cut down on the amount of meat we eat, (1) (_____). Do you agree? Post your

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ideas here, and we'll discuss them in the next class.

Did you know that animals like cows and sheep use more than half the water used in the US? And that to produce just a kilo of beef means a farmer will have used up nearly 20,000 litres of water? And that doesn't also take into account that we're going to need more and more land to farm these animals, meaning that more forests will be chopped down. Not only that, but imagine the pollution caused by transporting meat to supermarkets all over the country – **(2)** (_____).

Yaz

I eat meat. I love a nice roast dinner, **(3)** (_____). I would take the report with a pinch of salt. It might not be the healthiest food, but I'm not going to eliminate meat from my diet. Farmers will still be keeping cows and chickens, even if I stop eating meat. The problems of climate change will affect people in poorer countries most, so why not spend more time helping them, **(4)** (_____)? Ordinary people can raise money for international peace projects, and encourage governments to do the same!

Graham

I can appreciate both Yaz and Graham's points of view. I was reading about this subject, and there might be enormous benefits to reducing the meat we eat. Actually, it won't be difficult for most people to cut down on the meat they eat, because a lot of us already eat far more than we really need to. We don't have to suddenly become vegetarians and eat handfuls of carrots every day. **(5)** (_____). It's like sometimes walking instead of using the car. Little things might soon add up to a big difference.

Ryan

- a** or the smell of grilled meat
- b** or even stop eating it completely
- c** instead of thinking about your own stomach
- d** We just have to make small changes to the way we eat
- e** from big chunks of meat to little slices in plastic containers

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8. Find words or phrases in the text that mean the following. (one point each)

Should we cut down meat?

According to a recent scientific report, the best way for individuals to help the planet is to cut down on the amount of meat we eat, or even stop eating it completely. Do you agree? Post your ideas here, and we'll discuss them in the next class.

Did you know that animals like cows and sheep use more than half the water used in the US? And that to produce just a kilo of beef means a farmer will have used up nearly 20,000 litres of water? And that doesn't also take into account that we're going to need more and more land to farm these animals, meaning that more forests will be chopped down. Not only that, but imagine the pollution caused by transporting meat to supermarkets all over the country – from big chunks of meat to little slices in plastic containers.

Yaz

I eat meat. I love a nice roast dinner, or the smell of grilled meat. I would take the report with a pinch of salt. It might not be the healthiest food, but I'm not going to eliminate meat from my diet. Farmers will still be keeping cows and chickens, even if I stop eating meat. The problems of climate change will affect people in poorer countries most, so why not spend more time helping them, instead of thinking about your own stomach? Ordinary people can raise money for international peace projects, and encourage governments to do the same!

Graham

I can appreciate both Yaz and Graham's points of view. I was reading about this subject, and there might be enormous benefits to reducing the meat we eat. Actually, it won't be difficult for most people to cut down on the meat they eat, because a lot of us already eat far more than we really need to. We don't have to suddenly become vegetarians and eat handfuls of carrots every day. We just have to make small changes to the way we eat. It's like sometimes walking instead of using the car. Little things might soon add up to a big difference.

Ryan

1. single human beings

2. to consider something

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3. to doubt something or not completely believe it

4. to completely remove something

5. to understand and find something worthwhile
