

Name \_\_\_\_\_

Grade: \_\_\_\_\_

Answer each question below

1. Define the term nutrients. (1)

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2. Name three Nutrients. (1)

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3. Using the word bank fill in the table below (1 ea.)

Nutrient	Deficiency (list one)	Description
Fats		Extremely over weight
		Occurs when the body has too much _____
Protein		Occurs in small children. Symptoms include a bloated _____

4. Describe the function of the nutrients blow and list one food source: (2 ea.)

Fats: \_\_\_\_\_

Carbohydrates: \_\_\_\_\_

Protein: \_\_\_\_\_

### Word bank

obesity

retinal  
Kwashikor

paracetamol glucose  
carbohydrates vitamins

stomach  
minerals

diabetes  
iron