

CHANGING LIVES WITH A STRANGER



Read the article then write the letter of the person that fits the description below.

Which woman says she...

thought about the person she changed places with?	16.
found the routine much busier than in her normal job?	17.
discovered she wasn't very good at the job she tried?	18.
found the work she did for one day worthwhile?	19.
found some of the people she came across hard to handle?	20.
had difficulty making a decision?	21.
didn't enjoy being the centre of attention?	22.
appreciated the relationships among her new colleagues?	23.
thought the clothes she wore gained her more respect?	24.
was surprised at her own reaction to some aspects of the job she tried?	25.
might consider doing similar work to the job she tried?	26.
doesn't normally deal with people on an individual basis	27.
had not had a realistic idea of the job before she tried it for a day?	28.
was given some information which she was already aware of?	29.
noticed the problems of the other people she was working with?	30.

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What would it be like to live somebody else's life for a day?

A *Mandie Currie, a zoo-keeper, spent the day in the offices of the magician Marie Claire.* "Choosing what to wear for my day at Marie Claire was tricky because normally I wear a uniform at work. First I went to a still-life photo studio, then to press previews, all before lunch. The zoo is such a tranquil, peaceful place - and here I was rushing around when I could be sitting quietly giving an animal a cuddle. Some of the members of the fashion team seemed quite stressed—my job doesn't really get pressurized. At a fashion shoot in the afternoon, it made me laugh to think that I'd usually be cleaning out cages or handling rats. I'm fascinated to see how magazines work, but I really enjoy my job at the zoo so I'll stay put."

B *Alice Cutler, a fashion assistant at Marie Claire, spent the day at London Zoo.* "I arrived at the zoo in my leather boots and ark blue trousers. The zoo gave me a green polo shirt instead to work in—which was just as well, as I got very dirty. As I stroked one of the elephants, I reckoned Mandie would probably be packing up clothes in the cupboard. By five o'clock, I stank but I'd had such a brilliant day. When I retire from fashion, I could see myself working with elephants – but maybe in Africa.

C *Karen Hodson, a nurse at Hammersmith Hospital, went on location with the television gardening programme 'Ground Force' -*

"I was extremely excited about meeting the team, and Alan Titchmarsh, the programme presenter, was really nice. One of the things I liked was the chance to be in the fresh air. Depending on my shifts, I sometimes never see daylight. Even though it was hard work, it was great fun. I thought I was pretty strong but I felt weak compared with the rest of the

team. My romantic vision of landscape gardening had not included physical hard work or meticulous planning. I was more an enthusiastic than effective gardener, so I don't plan to give up my other job."

D *Charlie Dimmock, landscape gardener with the TV programme "Ground Force", worked a shift at Hammersmith Hospital.* "I made beds and handed out tablets. I expected to faint when I was doing some jobs, but I amazed myself by finding that it didn't bother me. The friendship among the nurses is great, and it felt tremendously 'girlie' compared with my normal male environment. I feel my job is a real waste of time compared with nursing. My day at the hospital was not exactly pleasant but it left me with a great sense of satisfaction."

E *Lucy Harvey, a personal trainer, spent the day with the airline Ryanair as a member of the cabin crew.* "I changed into the uniform, and the moment I put it on I felt completely different – people suddenly look up to you. Before the flight, our supervisor told us about safety, what to do if someone had a heart attack – which I new about from my fitness training. When the passengers boarded the flight to Paris I gave out magazines. Everyone started at me and I felt very self-conscious. On the return journey, we had 80 schoolchildren on board who wouldn't sit still. I wished I was back in the gym with one sensible adult to look after.

F *Sonia McDermott, an air hostess with the airline Ryanair, spent the day as a personal trainer in a gym.* "I was dreading doing this swap as I don't do any exercise. I was amazed at how much attention you give to one person. I my job you meet 1309 passengers four times a day. I was very surprised at lunch to see that some of the trainers didn't eat ultra-healthily, but they all drink lots of water. I wouldn't swap my job for this. However, it has inspired me to join a gym and try be a bit healthier.