

# III 5e Three square meals

## 1 Vocabulary

Listen and repeat. Which of these do you have for breakfast, lunch or dinner?



soup



omelette



pancakes



tuna



rice



doughnut

## 2 Listen

Listen to three short dialogues and answer the questions. Choose a or b.

1. What does the woman order?  
a. chicken with rice    b. a chicken omelette
2. What does the boy usually have for lunch?  
a. a sandwich    b. soup
3. What does the girl hate?  
a. doughnuts    b. pancakes

## 3 Speak & Write

A. Read and tick the correct pictures for Angelica's breakfast, lunch and dinner.



Hello, my name's Angelica and I'm from Burano. Italy. For breakfast, I usually have biscuits with milk or hot chocolate. I love biscuits!

For lunch, my mum makes some pasta and a fish or meat dish. Of course, we always have a salad or cooked vegetables. On Saturdays, I often go to the city centre with my friends and have my favourite pizza al taglio. I like it with cheese, tomato and mushrooms.

For dinner, I often have meatballs or pasta with tomato sauce. At the weekend, I sometimes have a frittata. That's an omelette with vegetables and cheese or meat. My dad is a great cook and his frittata is delicious.

B. Complete the table below about your eating habits. Then talk in pairs.

**BREAKFAST**

**LUNCH**

**DINNER**

- *What do you usually have for breakfast?*

- ....

- *What do you usually have for lunch?*

- ....

- *What do you usually have for dinner?*



C. Read and replace the words in bold in the sentences with subject or object pronouns.

#### Avoiding repetition

When writing, try not to repeat the same words all the time. Use words like:

• **he/she/it/we/they** (subject personal pronouns)

**They**

*I never eat **tomatoes**. **Tomatoes** are horrible.*

• **him/her/it/us/them** (object personal pronouns)

**it**

***Pasta** is my favourite food. I love **pasta**.*

1. My dad doesn't usually eat breakfast. **My dad** hasn't got time for **breakfast**.
2. We always have vegetables with our meals but I don't like **vegetables**. **Vegetables** are **horrible**!
3. Dmytro doesn't eat chocolate. **Chocolate** isn't good for **Dmytro**.
4. My sister and I usually have breakfast together. **My sister and I** have cereal and orange juice.
5. I always have pizza on Saturday nights. **Pizza** is my favourite food.

D. Write about your eating habits.

#### *My eating habits*

*For breakfast, I usually have....*

*For lunch,....*

*For dinner,....*

**TIP!**

*Don't repeat the same words all the time.*