

THESE ARE THE WAYS TO PREVENT FROM BEING INFECTED BY COVID-19. DECIDE WHETHER THE WAYS ARE DO'S OR DON'TS.

1. Wash your hands frequently for 20+ seconds with soap and water.
2. Be in close contact with others.
3. Seek medical help if you're suffering from a fever, cough or difficulty breathing.
4. Stay at home and limit contact with others.
5. Go to crowded areas.
6. Ignore symptoms.
7. Touch your face.
8. Limit contact with pets and animals.
9. Routinely clean frequently touched spaces in your home.
10. Leave your home, especially if you are sick.

