

Eisenhower Matrix

delegate faced overcome alleviate demand clear dealing

Before Dwight Eisenhower became president in 1953, he served in the U.S. Army as an Allied Forces Commander during World War II. He was _____ with daunting decisions every day that led him to invent what is now called the *Eisenhower matrix*. He claimed that we must spend our time on things that are important and not just the ones that are urgent. To do this, and to _____ the stress of having too many tight deadlines, we need to understand this distinction:

Important activities have an outcome that leads to us achieving our goals, whether these are professional or personal.

Urgent activities _____ immediate attention, and are usually associated with achieving someone's else's goals. They are often the ones we concentrate on and they demand attention because the consequences of not _____ with them are immediate.

When we know which activities are important and

which are urgent, we can _____ the natural tendency to focus on unimportant urgent activities, so that we can _____ enough time to do what's essential for our success. This is the way we move from "firefighting" into a position where we can grow our businesses and our careers.

How it works:

Organize your task list into four separate quadrants, sorting them by important vs. unimportant and urgent vs. not urgent, as shown in the graphic above. Ideally, you should only work on tasks in the top two quadrants—the other tasks, you should _____ or delete.

The Eisenhower Decision Matrix

	Urgent	Not Urgent
Important	Do Do it now.	Decide Schedule a time to do it.
Not Important	Delegate Who can do it for you?	Delete Eliminate it.