

GRAMMAR

Adverbs of frequency

A Reorder the words to make sentences.

1 sleep / a night / I / for / eight hours / usually

2 late / class / Ali / for / always / are / and / Milos

3 always / Samantha / in the morning / of coffee / three cups / has

4 plays / sometimes / football / my brother / at the weekend

5 really / it / cold / in Thailand / never / is

6 video games / in the evening / often / play / I

 **LIVEWORKSHEETS**

A Complete the sentences with the words in the box.

get to get up have leave work

1 I in a large office in King's Cross.

2 I usually toast and coffee for breakfast.

3 I at 6.30 every morning.

4 I try to home before seven o'clock.

5 I work between nine and nine thirty.

B Match the verbs (1–8) with the words (a–h) to make phrases describing everyday activities.

1 have	a to music / to the radio
2 get	b in a house / in a flat / in the USA
3 listen	c a book / a magazine
4 watch	d to work / to bed / for a run
5 live	e up early / home from work
6 read	f for a bank / in Spain
7 work	g breakfast / lunch / a shower
8 go	h a film / TV

C Complete the sentences with the correct prepositions.

1 I usually watch the news the afternoon.

2 I sometimes listen to music night.

3 I sometimes go for a walk the weekend.

4 I have an English class Tuesday.

5 I read the newspaper the morning.

6 I rarely work Fridays.

A Complete the paragraph with the correct form of the verbs in the box.

get (x2) go (x3) have (x3) leave live work (x2)

Luke Timms ¹ six days a week and his days are usually the same. He ² in a small flat in Milan. He ³ up early every day and ⁴ a shower. He ⁵ breakfast and then ⁶ the flat at around eight. He ⁷ to work by motorbike. He ⁸ for a television station in the city centre. He ⁹ lunch at 2 pm, and then he finishes work at 6.30 pm. He ¹⁰ home around 7 pm and ¹¹ for a long run. He usually ¹² to bed at around midnight.

B Rewrite the sentences with the adverbs in brackets.

1 I get up at 6 am. (usually)

I usually get up at 6 am.

2 I go for a walk in the park. (often)

3 I watch TV. (sometimes)

4 I am late for my English class. (never)

5 I have breakfast at 7 am. (always)

6 I am late for work. (rarely)

LIVE **WORKSHEETS**

C Rewrite the sentences to make them negative.

A Find and correct the mistakes. You will not need to change two of the sentences.

1 My friend listen to the radio every morning.

2 My English class starting at 5.30 pm every day.

3 I do drive to work in the morning.

4 My parents are live in a flat in the city centre.

5 My sister likes playing video games.

6 My brother does cooks dinner every night.

7 I have breakfast before I goes to work.

8 My best friend is listens to classical music.

9 I work at a desk all the day.

10 I to watch TV with my flatmates every night.

11 My teacher talks about football every day.

B Use the information in the table to write eight sentences with adverbs of frequency.

	Emily	Ben
listens to music on the way to work	often	always
has a shower in the morning	never	usually
plays video games at the weekend	rarely	sometimes
goes to yoga classes	always	rarely

1 Emily often listens to music on the way to work

2

3

4

5

6

7

8