

GRAMMAR

Adverbs of frequency

A Reorder the words to make sentences.

1 sleep / a night / I / for / eight hours / usually

2 late / class / Ali / for / always / are / and / Milos

3 always / Samantha / in the morning / of coffee / three cups / has

4 plays / sometimes / football / my brother / at the weekend

5 really / it / cold / in Thailand / never / is

6 video games / in the evening / often / play / I

A Complete the sentences with the words in the box.

get to get up have leave work

- 1 I _____ in a large office in King's Cross.
- 2 I usually _____ toast and coffee for breakfast.
- 3 I _____ at 6.30 every morning.
- 4 I try to _____ home before seven o'clock.
- 5 I _____ work between nine and nine thirty.

B Match the verbs (1–8) with the words (a–h) to make phrases describing everyday activities.

- | | |
|----------|---------------------------------------|
| 1 have | a to music / to the radio |
| 2 get | b in a house / in a flat / in the USA |
| 3 listen | c a book / a magazine |
| 4 watch | d to work / to bed / for a run |
| 5 live | e up early / home from work |
| 6 read | f for a bank / in Spain |
| 7 work | g breakfast / lunch / a shower |
| 8 go | h a film / TV |

C Complete the sentences with the correct prepositions.

- 1 I usually watch the news _____ the afternoon.
- 2 I sometimes listen to music _____ night.
- 3 I sometimes go for a walk _____ the weekend.
- 4 I have an English class _____ Tuesday.
- 5 I read the newspaper _____ the morning.
- 6 I rarely work _____ Fridays.

A Complete the paragraph with the correct form of the verbs in the box.

get (x2) go (x3) have (x3) leave live work (x2)

Luke Timms ¹ _____ six days a week and his days are usually the same. He ² _____ in a small flat in Milan. He ³ _____ up early every day and ⁴ _____ a shower. He ⁵ _____ breakfast and then ⁶ _____ the flat at around eight. He ⁷ _____ to work by motorbike. He ⁸ _____ for a television station in the city centre. He ⁹ _____ lunch at 2 pm, and then he finishes work at 6.30 pm. He ¹⁰ _____ home around 7 pm and ¹¹ _____ for a long run. He usually ¹² _____ to bed at around midnight.

B Rewrite the sentences with the adverbs in brackets.

- 1 I get up at 6 am. (usually)
_____ *I usually get up at 6 am.* _____
- 2 I go for a walk in the park. (often)

- 3 I watch TV. (sometimes)

- 4 I am late for my English class. (never)

- 5 I have breakfast at 7 am. (always)

- 6 I am late for work. (rarely)

C Rewrite the sentences to make them negative.

A Find and correct the mistakes. You will not need to change two of the sentences.

- 1** My friend listen to the radio every morning.
- 2** My English class starting at 5.30 pm every day.
- 3** I do drive to work in the morning.
- 4** My parents are live in a flat in the city centre.
- 5** My sister likes playing video games.
- 6** My brother does cooks dinner every night.
- 7** I have breakfast before I goes to work.
- 8** My best friend is listens to classical music.
- 9** I work at a desk all the day.
- 10** I to watch TV with my flatmates every night.
- 11** My teacher talks about football every day.

- B** Use the information in the table to write eight sentences with adverbs of frequency.

	Emily	Ben
listens to music on the way to work	often	always
has a shower in the morning	never	usually
plays video games at the weekend	rarely	sometimes
goes to yoga classes	always	rarely

- 1 Emily often listens to music on the way to work .
- 2 _____ .
- 3 _____ .
- 4 _____ .
- 5 _____ .
- 6 _____ .
- 7 _____ .
- 8 _____ .