GRAMMAR

Adverbs of frequency

A Reorder the words to make sentences.

1 sleep / a night / I / for / eight hours / usually

2 late / class / Ali / for / always / are / and / Milos

3 always / Samantha / in the morning / of coffee / three cups / has

4 plays / sometimes / football / my brother / at the weekend

5 really / it / cold / in Thailand / never / is

6 video games / in the evening / often / play / I

LIVEWORKSHEETS

A Complete the sentences with the words in the box.

get to get up have leave work

1 I _____ in a large office in King's Cross.
2 I usually _____ toast and coffee for breakfast.
3 I _____ at 6.30 every morning.
4 I try to _____ home before seven o'clock.
5 I _____ work between nine and nine thirty.

B Match the verbs (1–8) with the words (a–h) to make phrases describing everyday activities.

1	have	**a**	to music / to the radio
2	get	**b**	in a house / in a flat / in the USA
3	listen	**c**	a book / a magazine
4	watch	**d**	to work / to bed / for a run
5	live	**e**	up early / home from work
6	read	**f**	for a bank / in Spain
7	work	**g**	breakfast / lunch / a shower
8	go	**h**	a film / TV

C Complete the sentences with the correct prepositions.

1 I usually watch the news _____ the afternoon.
2 I sometimes listen to music _____ night.
3 I sometimes go for a walk _____ the weekend.
4 I have an English class _____ Tuesday.
5 I read the newspaper _____ the morning.
6 I rarely work _____ Fridays.

A Complete the paragraph with the correct form of the verbs in the box.

get (x2) go (x3) have (x3) leave live work (x2)

Luke Timms [1]_____ six days a week and his days are usually the same. He [2]_____ in a small flat in Milan. He [3]_____ up early every day and [4]_____ a shower. He [5]_____ breakfast and then [6]_____ the flat at around eight. He [7]_____ to work by motorbike. He [8]_____ for a television station in the city centre. He [9]_____ lunch at 2 pm, and then he finishes work at 6.30 pm. He [10]_____ home around 7 pm and [11]_____ for a long run. He usually [12]_____ to bed at around midnight.

B Rewrite the sentences with the adverbs in brackets.

1 I get up at 6 am. (usually)
I usually get up at 6 am.
2 I go for a walk in the park. (often)
3 I watch TV. (sometimes)
4 I am late for my English class. (never)
5 I have breakfast at 7 am. (always)
6 I am late for work. (rarely)

C Rewrite the sentences to make them negative.

LIVEWORKSHEETS

A Find and correct the mistakes. You will not need to change two of the sentences.

1 My friend listen to the radio every morning.

2 My English class starting at 5.30 pm every day.

3 I do drive to work in the morning.

4 My parents are live in a flat in the city centre.

5 My sister likes playing video games.

6 My brother does cooks dinner every night.

7 I have breakfast before I goes to work.

8 My best friend is listens to classical music.

9 I work at a desk all the day.

10 I to watch TV with my flatmates every night.

11 My teacher talks about football every day.

LIVEWORKSHEETS

B Use the information in the table to write eight sentences with adverbs of frequency.

	Emily	Ben
listens to music on the way to work	often	always
has a shower in the morning	never	usually
plays video games at the weekend	rarely	sometimes
goes to yoga classes	always	rarely

1 Emily often listens to music on the way to work.

2 _____.

3 _____.

4 _____.

5 _____.

6 _____.

7 _____.

8 _____.

LIVEWORKSHEETS