



WHAT'S YOUR PERSONALITY?

A PLANNER OR SPONTANEOUS

1 Are you...?

- a a perfectionist who hates leaving things unfinished
- b someone who hates being under pressure and tends to over-prepare
- c a bit disorganized and forgetful
- d someone who **puts things off** until the last minute

2 Imagine you have bought a piece of furniture that requires assembly (e.g. a wardrobe or a cupboard). Which of these are you more likely to do?

- a Check that you have all the items and the tools you need before you start.
- b Carefully read the instructions and follow them **to the letter**.
- c Quickly read through the instructions to get the basic idea of what you have to do.
- d Start assembling it right away. Check the instructions only if you **get stuck**.

3 Before you go on holiday, which of these do you do?

- a Plan every detail of your holiday.
- b **Put together** a rough itinerary, but make sure you leave yourself plenty of free time.
- c Get an idea of what kinds of things you can do, but not make a decision until you get there.
- d Book the holiday at the last minute and plan hardly anything in advance.

B FACTS OR IDEAS

4 Which option best describes what you wrote about the painting in b on page 6?

- a It's basically a list of what appears in the painting.
- b It tells the story of what's happening in the painting.
- c It tries to explain what the painting means.
- d It's a lot of ideas that the painting made you think of.

5 You need to give a friend directions to your house in the country. Do you...?

- a write down a list of detailed directions
- b give them the postcode and expect them to use a satnav
- c give rough directions
- d draw a simple map showing only the basic directions

6 When you go shopping at the supermarket, do you...?

- a always go down the same aisles in the same order
- b carefully check prices and compare products
- c buy whatever **catches your eye**
- d **go round** a different way each time, according to what you want to buy

C HEAD OR HEART

7 If an argument starts when you are with friends, do you...?

- a face it **head-on** and say what you think
- b try to find a solution yourself
- c try to keep everyone happy
- d do anything to avoid hurting people's feelings

8 Imagine you had the choice between two flats to rent. Would you...?

- a write down what your ideal flat would be like and then see which one was the most similar
- b make a list of the pros and cons of each one
- c just go with **your gut feeling**
- d consider carefully how each flat would suit the other people living with you

9 Imagine a friend of yours started going out with someone new, and they asked you for your opinion. If you really didn't like the person, would you...?

- a tell them exactly what you thought
- b be honest, but as tactful as possible
- c try to avoid answering the question directly
- d tell **a white lie**

D INTROVERT OR EXTROVERT

10 You are out with a group of friends. Do you...?

- a say hardly anything
- b say a little less than most people
- c talk a lot
- d do nearly all the talking

11 When you meet a new group of people, do you...?

- a try to stay with people you already know
- b have to think hard about how to keep the conversation going
- c try to get to know as many people as possible
- d just enjoy yourself

12 If your phone rings while you are in the middle of something, do you...?

- a ignore it and continue with what you're doing
- b answer it quickly, but say you'll call back
- c have a conversation, but make sure you keep it short
- d welcome the interruption and enjoy a nice long chat

From www.bbc.co.uk/science

f Now find out which type you are for each section.

- A** more a and b = **PLANNER**
more c and d = **SPONTANEOUS**
- B** more a and b = **FACTS**
more c and d = **IDEAS**

- C** more a and b = **HEAD**
more c and d = **HEART**
- D** more a and b = **INTROVERT**
more c and d = **EXTROVERT**

g ➤ **Communication** What's your personality? p.104.
Find out which category you fit into and read the description of your personality. Compare with your partner. How accurate were the descriptions of your personalities?

These expressions were included in the previous survey

- | | |
|-----------------------------------|--|
| 1. put something off | a. postpone |
| 2. follow something to the letter | b. be unable to move further |
| 3. get stuck | c. attract someone's attention |
| 4. put together | d. follow your instinct |
| 5. face something head-on | e. organize something |
| 6. go with your gut feeling | f. to move from one place to another |
| 7. white lies | g. omit something so you don't hurt someone's feelings |
| 8. something catches your eye | h. accept an unpleasant task with courage |
| 9. go round | i. do what you have been told to do |

