DESCRIBING YOUR IMPRESSIONS

Complete the adjectives in the text. The first letter is given.



Tidy desk, tidy mind?

You probably won't think it [1] o*dd* that research has found that organized, predictable and [2] c_____ people typically eat better and live longer than people who are disorganized and messy. However, researchers at the University of Minnesota, USA, recently carried out a [3] r_____ study, which, amazingly, seemed to show that just spending ten minutes in a neat office, rather than a messy one, made people twice as likely to choose an apple over a chocolate bar. So even if you aren't naturally tidy, there could be benefits to making sure your surroundings are neat.

But before you tidy up your workspace, you might also want to consider a second piece of research from the same study, which showed that people working in a neat and tidy environment tended to be a bit [4] u_____. The subjects were asked to think of new uses for ping-pong balls, and the researchers found that those in a messy environment were considerably more [5] o_____ and [6] i_____ than those who had been working in the tidy office.



LIVEWORKSHEETS