Lesson 1 • What are the stages of human development?

1 **Human development. Look, match, and number in order.**

infancy　adulthood　adolescence　childhood

2 **Sally is talking to Marie about her brother. Read and circle.**

Marie: Do you have a brother or sister?

Sally: Yes, I have a brother. He's in his **(1)** **adolescence** / **infancy**. He's one year old. His **(2)** **maturity** / **coordination** isn't perfect. He often falls over.

Marie: That's part of a baby's **(3)** **physical** / **mental** development.

Sally: Do you have a brother or sister?

Marie: Yes, I have one sister. She's sixteen and in her **(4)** **childhood** / **adolescence**.

3 **How do we change throughout our lifetime? Read and write.**

infancy　~~maturity~~　childhood　mental

1 We reach this phase of life when we stop growing. maturity

2 This is the phase of life before we are two years old. _____

3 This is the phase of life between three and ten. _____

4 These changes are related to our brains. _____

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4 **What do you know about the development of babies? Read and write *our* or *their*.**

Before they are one month old, babies sleep up to 17 hours a day. (**1**) ___their___ sight isn't very good. At two months old, they can see well and (**2**) _____ hearing is good. At three months, babies know who we are. They know (**3**) _____ faces and (**4**) _____ voices when we talk to them. At six months, they can eat food and sit. At eight months, they can crawl and they start to stand up. At nine months, they can say (**5**) _____ first words. At twelve months, they can walk and help tidy up (**6**) _____ toys.

Grammar Tip

When human babies are born, they look a lot like **their** parents.

But we change a lot throughout **our** lifetime.

5 **Look at 4. Read and circle *T* (true) or *F* (false).**

1 Babies sleep a lot in their first month. (T) / F

2 They reach maturity at six months old. T / F

3 They know who their parents are before they are one month old. T / F

4 Their coordination is good at twelve months old. T / F

5 Their senses are good at two months old. T / F

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